



MERCURY MONITORING IN WOMEN OF CHILD-BEARING AGE IN THE ASIA & THE PACIFIC REGION



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Mercury monitoring in women of child-bearing age in Asia and the Pacific Region was jointly conducted by UN Environment, Biodiversity Research Institute (BRI), and global NGO network IPEN.

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IPEN is a network of non-governmental organizations working in more than 100 countries to reduce and eliminate the harm to human health and the environment from toxic chemicals.

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UNEP The United Nations Environment Programme (UN Environment) is the leading global environmental authority that sets the global environmental agenda, promotes the coherent implementation of the environmental dimension of sustainable development within the United Nations system and serves as an authoritative advocate for the global environment. The interim secretariat of the Minamata Convention on Mercury, hosted within UN Environment assists countries in working towards the objective of the Minamata Convention, to protect the human health and the environment from anthropogenic emissions and releases of mercury and mercury compounds.

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Biodiversity Research Institute is a nonprofit ecological research group whose mission is to assess emerging threats to wildlife and ecosystems through collaborative research, and to use scientific findings to advance environmental awareness and inform decision makers. BRI is the leading international institute supporting the global mercury monitoring efforts for the Minamata Convention on Mercury

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EXECUTIVE SUMMARY

The following report describes a pilot study undertaken by IPEN in collaboration with the Biodiversity Research Institute (BRI) and UN Environment to assess mercury concentration in hair of selected participants in the Asia and the Pacific region.

The pilot study entitled Mercury Monitoring in Women of Child-Bearing Age in the Asia and the Pacific Region was undertaken between 2015 and 2016 by public interest participating organisations (POs) of IPEN under the supervision of the IPEN Project Team. The purpose of the project was to obtain data on the mercury concentration in hair of women of child-bearing age in selected countries of the Asia and the Pacific region. The information will provide a snap shot of mercury levels in small selected populations which may contribute to national information on mercury concerns.

The methodology for the study required IPEN participating organizations (POs) to identify 30-35 women of child-bearing age (denoted as 18 – 44 years old) in a 1-2 locations in each country. The women provided signed consent to participate in the study. Participants were then required to provide a small sample of hair and to complete a questionnaire. The samples of hair were shipped to the laboratories of BRI in the United States for analysis. Women in this age group were selected as they constitute part of the vulnerable sub-population groups at risk from mercury, a potent neurotoxin which can affect both the health of the mother and impact on a range of developmental endpoints in the developing foetus with lifelong consequences.¹

Women from 6 countries participated in the study providing a total of 234 samples for analysis at the BRI laboratories. The countries included Cook Islands, Kiribati, Marshall Islands, Nepal, Tajikistan, and Tuvalu. The results of the sampling varied greatly between locations but some consistent trends were observed. Women from Small Island Developing States (SIDS) in the Pacific were found to have very high levels of mercury body burden compared to most other locations. This is consistent with data from the study questionnaires and prior studies indicating that most of these women have a diet rich in seafood. Large predatory fish that feature

1 Bose-O'Reilly, S., et al (2010) Mercury exposure and children's health. *Curr Probl Pediatr Adolesc Health Care*, 2010 Sep; 40(8):186-215.
Grandjean, P., et al (2010) Adverse Effects of Methylmercury: Environmental Health Research Implications. *Environmental Health Perspectives*, Vol 118. No.8. August 2010, 1137-1145

in the diet of women in the Pacific SIDS are commonly cited in the literature² as having high methylmercury (MeHg) concentrations in their flesh. Consumption of these fish results in the transfer of mercury to humans and subsequent elevated mercury body burden as has been suggested in this study.

Of the 234 women who participated in this study 163 (69.2%) had mercury body burdens which exceeded the reference level of 1 ppm total mercury in hair. The basis for the use of this reference level in this study is that it corresponds closely with the U.S. EPA's reference dose (RfD) of

0.1 ug/kg bw/day and a blood mercury concentration of 4-5 µg/L³ Current scientific literature suggests that adverse effects on the sampled individual begin to occur at⁴ or above the reference level of 1 ppm⁵. Recent studies conclude that negative developmental effects may occur at even lower levels⁶

Of the 150 participants located in Pacific Island States, 144 (96%) exceeded the 1 ppm reference level. Among participants who lived in areas other than the Pacific Island States 21.4% exceeded the 1 ppm reference level. The majority of participants located in countries other than Pacific Island states live near some source of mercury pollution such as a waste disposal site, industrial emissions or polluted waterway yet reported a much lower mercury body burden. The participating women from Tajikistan all lived within a few kilometres of Minamata Convention Annex D mercury emission point sources (cement plant and thermal power station). Women of the Jalari community in Nepal (location 1) consume fish from a waterway contaminated with effluent from medical waste and dental facilities which are a potential mercury pollution source.

The exception to this was a group of women from location 2 in Nepal who live in an urban environment but work in the manufacture of gold plated idols for religious purposes. The method of gold plating known as mercury gilding involves the use of mercury which could be a potential cause of the higher body burden of mercury among some members of this group of

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- 2 Silbernagle, et al, (2011) Recognizing and Preventing overexposure to Methylmercury from Fish and Seafood Consumption: Information for Physicians. *J Toxicology* 2011;2011 983072
 - 3 US EPA (1997) Mercury study report to Congress, Volume IV, An assessment of exposure to mercury in the United States, EPA-452/R-97-006
 - 4 Trasande L, Landrigan PJ, Schecter C (2005) Public health and economic consequences of Methyl Mercury Toxicity to the Developing Brain, *EnvironHealth Perspect* 113:590-596
 - 5 Grandjean P, Weihe P, White RF, Debes F, Araki S, Yokoyama K, Murata K, Sorensen N, Dahl R, Jorgensen PJ (1997) Cognitive deficit in 7-year-old children with prenatal exposure to methylmercury. *Neurotoxicol Teratol* 19:417-428
 - 6 Murata K, Weihe P, Budtz-Jorgensen E, Jorgensen PJ, Grandjean P. (2004) Delayed brainstem auditory evoked potential latencies in 14-year-old children exposed to methylmercury. *J Pediatr* 144(2):177-183

women and is discussed further in section 3.1.1. The results from location 1 in Nepal (fisherfolk) are much lower, with most samples below the 1ppm reference level, despite the fact that these women, as fisherfolk, have a relatively high fish diet derived from polluted waterways.

1. INTRODUCTION

The adoption of the Minamata Convention on Mercury (in October, 2013) illustrates that the global community recognizes mercury as a global threat to human health, livelihoods, and the environment and is now prepared to commit to further action to reduce global exposure to mercury.

IPEN was closely engaged with the negotiations leading up to the adoption of the Minamata Convention and conducted a range of mercury related enabling activities, released publications and developed awareness campaigns that included mercury monitoring and biomonitoring. An important collaboration for IPEN has been the partnership with the Biodiversity Research Institute (BRI), a non-profit ecological research group with more than 25 years of experience assessing emerging threats to wildlife and ecosystems and is a leader in ecological research related to mercury toxicology.

Mercury monitoring can play a key role in providing an impetus to ratify the Minamata Convention. Additionally, governments have also agreed on the need for evaluating the effectiveness of the treaty and it is recognized that such effectiveness evaluation will have, as one component, the consideration of comparable monitoring data as agreed by the governing body of the Convention, the Conference of the Parties.

In 2014, IPEN launched the International Mercury Treaty Enabling Program (IMEAP), with the aim of supporting preparations for developing countries and countries with economies in transition for rapid ratification and early implementation of the Minamata Convention on Mercury. IPEN successfully initiated activities in 29 countries. Through this process member organizations communicated to IPEN the need to conduct targeted mercury biomonitoring to address widespread data gaps, to further elevate mercury awareness and promote ratification of the Minamata Convention.

In 2015, IPEN proposed a pilot mercury biomonitoring programme to UN Environment focusing on vulnerable sub-populations identified in the Convention's preamble, as well as Article 16 (Health aspects), Article 18 (Public information, awareness and education), Article 19 (Research, development and monitoring), Article 22 (Effectiveness evaluation) and Annex C - Artisanal and small-scale gold mining (ASGM) National Action Plans (NAPs) of the Treaty. In many developing and transition countries there is a paucity of mercury biomonitoring data with which to inform

policy decisions and generate public awareness about the hazards of mercury exposure.

IPEN, through its earlier mercury biomonitoring project collaboration⁷ with BRI, gained valuable insights into potential locations for monitoring while building capacity within its network to implement a broader range of monitoring activities. In consultation with UN Environment, the IPEN/BRI Project Team determined that there was a need to focus on the generation of data from the Asia and the Pacific region with a particular emphasis on Pacific Small Island Developing States.

Having established the target region for sampling IPEN, BRI and UN Environment extended their cooperative approach to the development of a detailed methodology for the sampling activity which included a background brief on the project to orient IPEN participating organisations who would conduct the sampling, templates of key documents such as consent forms, questionnaires and data log sheets. The methodology also included a detailed sampling protocol to demonstrate how to take the samples safely, avoid cross contamination and prepare the samples for shipment to the laboratory with tracking documentation. The methodology documentation also included a fact sheet to provide contextualised feedback to the participants on the results of their sample analysis, implications for their health and potential mitigation measures they may take to avoid or reduce further mercury exposure.

All of the documentation included in the draft methodology was reviewed by BRI laboratories and UNEP and after consultation between all parties it was released in its final form at the outset of the monitoring program. Key parameters agreed in this consultation phase included the content of the questionnaire, reference levels to be communicated to participants, sampling techniques, shipping and data collection.

In terms of distribution of sampling location types the pilot study was not narrowly defined but had sufficient scope to allow for sampling that reflects typical urban settings that may result in industrialised society exposures as well as remote locations such as Pacific Islands which are more likely to reflect diffuse global mercury pollution that impacts on marine food webs. Further details on the locations for sampling are discussed under section 3 of this report.

⁷ Evers, D. et al (2014) Global mercury hotspots: New evidence reveals mercury contamination regularly exceeds health advisory levels in humans and fish worldwide. Biodiversity Research Institute. Portland, Maine. IPEN. Göteborg, Sweden. BRI-IPEN Science Communications Series 2014-34. 20 pages.

The wide variety of contexts in which sampling has been conducted is reflected in the disparity of the sampling results which range from low levels in some locations to highly elevated levels in others. The description of sampling locations, results and interpretations of the finding are discussed further below.

2. METHODOLOGY

In preparation for the implementation of this project IPEN and BRI, in consultation with UNEP, developed a methodology based on the framework for sampling previously utilised by IPEN/BRI in their 2014 global study of mercury in fish and hair⁸. The methodology takes into account scientifically sound and acknowledged human hair monitoring protocols including both technical and practical matters as well as an ethics review by the Institutional Review Board by the University of Southern Maine in Portland, U.S. The methodology covers sampling method, collection of data, and mercury measurements as well as assessment and evaluation of the result.

2.1 SAMPLING METHOD

2.1.1 Target Group

The focus of this project is the vulnerable sub-population group, 'Women of child-bearing age in the Asia and the Pacific Region'. The definition of child-bearing age differs to some degree between various institutions. Studies undertaken by United States researchers use the age range of 18-44 years due to Federal government limitations on sampling of biological material from minors. For this project the target group for sampling is women of child-bearing age from 18 to 44 years as it would allow comparison with other studies using this range while meeting legal requirements

2.1.2 Participant Selection

Female participants were selected based on the criteria of (1) their age (18-44 years), (2) willingness to participate, and (3) having sufficient hair to provide a sample for analysis. IPEN Participating Organisations identified and convened participants at each location to administer the consent forms, questionnaire, and conduct hair sampling according to the specified protocols. The participating organisations gathered samples in a scientifically sound manner that is consistent with recognized standards for sample collection of human hair for mercury monitoring⁹. Due to the limited size of this survey, resource constraints and time limitations it was not possible to randomly select participants, establish control groups and

8 Ibid. at p. 18 Appendix

9 United Nations Environment Programme and the World Health Organization (UNEP/WHO), (2008) Guidance for identifying populations at risk from mercury exposure.

balance age sub groups therefore the results do not allow generalization to overall mercury levels in the country population and will not be able to produce results of statistical significance. They do however provide valuable input for potentially prioritising locations for further, more detailed studies designed to allow extrapolation to population level data. Participants were selected on the criteria above and locations where sampling took place were based on advice from IPEN participating organisations who considered issues of access, cultural sensitivities, timing and cooperative approaches with local communities and civil society organisations who supported the sampling.

2.1.3. Ethics review and confidentiality of participants

Prior to implementing this sampling project the overall methodology was reviewed and approved by the Institutional Review Board of the University of Southern Maine in the U.S.A. to ensure it met contemporary standards for ethical implementation of studies involving human subjects.

The sample collection protocol incorporated elements consistent with this approval with supporting documentation. Participants were asked to sign a consent form if they were willing to have a hair sample collected for analysis. A questionnaire was then administered to the participant by the IPEN organisation representative supported by a local, native speaking volunteer to ensure that the process was understood by participants and that accurate information could be collected from the questionnaires. Where English was not an appropriate language, participants were provided with a translation of relevant documentation, including waivers, questionnaires and sample results.

The right of confidentiality was granted to each individual participant unless she voluntarily decided to sign a document to waive it. To protect confidentiality of participants a number of controls were implemented. Project related data is presented as an aggregated analysis that does not enable public identification of individual participants. Each hair sample shipped to the BRI laboratories was labelled with an individual sample ID code and country location code so that BRI does not have access to the identity of individual sampling participants. The same ID code is affixed to the front page of each completed questionnaire allowing the data from questionnaires to inform the interpretation of sample analysis by IPEN without compromising confidentiality. The IPEN organisation that conducted sampling holds the master list linking the ID code to the name of the participant to allow them to provide contextual health related feedback to the individual participant along with the results of their individual hair sample analysis for total mercury concentrations.

Once individual participant sample data is generated and communicated back to the participant, that individual has the right to release that information if she chooses to do so. This is consistent with an individual's right to know about their personal health information and disclose it if they wish to.

2.1.4. Sample collection protocol

All IPEN POs tasked with coordinating the collection of samples were provide with detailed sample collection, packaging and shipping protocols to ensure minimisation of any cross-contamination and to standardize sample collection for comparative analysis.

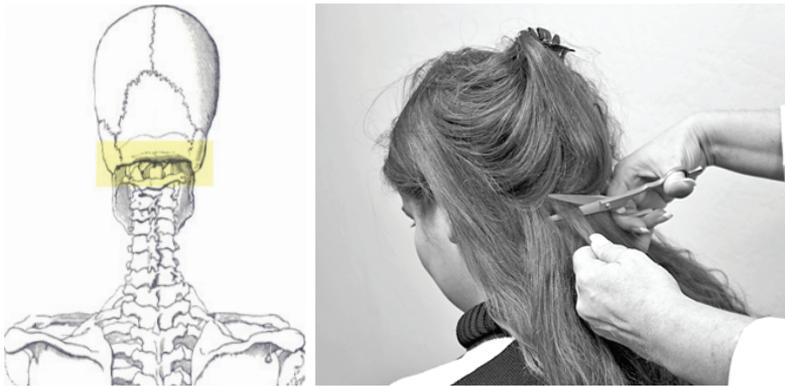


Figure 1. Occipital Region: Target sample area



Figure 2. Correct labelling and storage of sample

Before taking a sample the participant was invited to sign the consent form. If the participant declined, no sample was taken. After the participant signed the consent form the sampler then administered the questionnaire. Following the completion of documentation the sampler, while wearing a pair of nitrile examination gloves (for collecting and handling each sample) would use an alcohol wipe to clean the cutting surfaces of the stainless steel scissors for cutting the hair sample.

Hair samples were obtained from individuals by cutting a small bundle of hair approximately 8-10cm long and the thickness of a pencil (about 30 hair strands) from the occipital region of the skull as close as possible to the scalp.

The hair sample was then secured with a small self-adhesive label using an arrow to indicate the direction of the scalp leaving 3-4 cm of hair exposed from the label.

2.1.5. Sample analysis - mercury measurement

Once correctly packaged and labelled the samples were shipped by courier along with a data sheet listing each sample origin and a corresponding sample ID code. As soon as shipments arrived in the U.S. the hair samples were analyzed for total mercury at BRI's Wildlife Mercury Research Laboratory following EPA method 7473 by gold-amalgamation atomic absorption spectroscopy following thermal desorption of the sample using a Milestone DMA-80. A blank and two calibration standards (DORM-3 and DOLT-4) are used in each of the two detector cells. Instrument response are evaluated immediately following calibration, and thereafter, following every 20 samples and at the end of each analytical run by running two certified reference materials and a check blank. Instrument detection limit is approximately 0.050 ng. An acetone wash of the hair samples followed by a rinse with milli-Q water can be used to remove external contamination, such as hair products. Results of total mercury are then recorded for each sample in parts per million (ppm) and recorded in tables by location.

2.1.6. Assessment of results

The interpretation of sample results will be based on the comparison of data generated from the field samples with a reference level of 1ppm which equates approximately to the U.S. EPA's reference dose for mercury in human hair (USEPA 2001). Mercury concentrations above 1.0 ppm in hair have been related to neurological impairments in adults¹⁰. These data

¹⁰ Yokoo et al. (2003); Karagas et al. (2012)

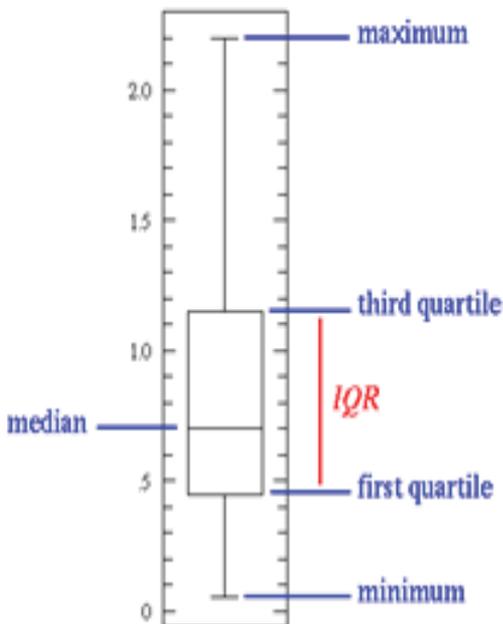


Figure 3. Box Plot example. Source: St John’s University, Minnesota, U.S.A.

will help determine contaminant concentrations in participating human subjects and potentially identify regions that require more intensive investigation. Presentation of the data is explained below.

Figure 3 explains the chart features for a box plot (also known as a ‘box and whisker plot’). The example on the left notes the key features of a box plot which shows the distribution of data from minimum, first quartile, median, third quartile, and maximum. The ‘box’ shows the interquartile range or IQR. The line inside the ‘box’ shows the median of the data set while the ‘whiskers’ above the box show maximum values and below show minimum values. On the combined box plot chart in section 4 each location is represented by an individual box plot.

Additional information is included on the combined chart in section 4 (Fig. 4).

In Figure 4 locations are arranged by mean from left to right with the blue asterisk representing the mean for each location. The red points denote outliers¹¹ and the dashed line represents the 1ppm reference level.

¹¹ Outliers are defined as values 3 times the interquartile range or more above the third quartile or 3 times the interquartile range or more below the first quartile.

3. SAMPLING LOCATIONS

Based on the limited financial resources and the diversity of geographic landscapes and populations, IPEN identified countries and a number of locations for sampling, below, for NGOs to identify women of child-bearing age participants to take part in this study. A pre-requisite for sampling was granting of the necessary approval from the national authorities of participating countries. Obtaining authorisation to conduct sampling proved very challenging and constrained the number of countries where the sampling projects could be carried out. In addition to the countries listed below many others were approached and invited to participate however government officials chose not to take part in the study or were non-responsive.

Those countries which agreed to participate and where sampling was successfully conducted are listed in Table 1. The selection of locations within these countries is not necessarily associated with known mercury contaminated sites and are predominantly urban locations. In the case of the Pacific Islands where sampling occurred, there is very little industrialisation or related pollution although there are landfill and other waste management infrastructure. The elevated results from these locations is subject to further discussion under section 5.

TABLE 1. SAMPLING LOCATIONS IN THE ASIA AND THE PACIFIC REGION

Country	Population	Locations sampled	Samples collected
Cook Islands	17,794(2011 census)	2	60
Kiribati	103,058*	1	30
Nepal	26,494,504 (2011 census)	2	53
Republic of Marshall Islands	68,480**	1	30
Republic of Tajikistan	8,551,000***	1	31
Tuvalu	10,837 (2012 census)	1	30

* Source: Government of Kiribati Statistics Agency

** Source: Government of Marshall Islands

*** Source: Republic of Tajikistan, Agency of Statistics current estimate.

3.1 SAMPLING LOCATION DESCRIPTIONS

3.1.1 Nepal

Sampling in Nepal was conducted in two locations. The first location was among the Jalari community of fisherfolk in the Begnas Lake area of Pokhara, Nepal. The second location was an urban area in the Lalitpur District of the Kathmandu Valley.

Location 1: Women of the Jalari community near Begnas Lake. The Begnas Lake is the second largest lake in Pokhara city of Nepal receiving a lot of agricultural runoff, city drainage and waste from health care centres including dental clinics. The Jalari community are a genuine fisherfolk community who live nearby and are dependent on this lake for fishing for their livelihood and consume those fish least preferred by customers in particular a species called Tilapia (predatory fish) with least commercial value.

Location 2: Women of the Lalitpur District of the Kathmandu Valley. This is an urban area typical of those around major cities in Nepal. Women who participated in sampling are engaged in religious idol manufacture (including a process of mercury based gold plating), domestic tasks and associated urban activity. The gold plating process known as mercury gilding has been used for over 2000 years¹² and involves mixing of metallic mercury and gold particles to form a paste which is applied to the idols. The mercury is then burned off leaving a gold coating. This activity results in mercury vapor exposure of workers who are engaged in this process. Some workers may also directly handle mercury. The levels of total mercury measured in the hair of some of these workers is at similar elevated levels to Tanzanian artisanal and small scale gold miners who are directly engaged in burning mercury gold amalgam for extended periods¹³. The occupational exposure of mercury gilders to mercury vapor has not been extensively studied however one recent study¹⁴ concluded that acute mercury intoxication arose among a group of gilders using this technique to gold plate a shrine suggesting this technique is a plausible exposure route leading to elevated hair mercury concentrations among the workers sampled in Nepal.

12 Giunlia-Mair et al (2014) *Mercury Gilding in Today's Japan: An Amalgam of Old and New*. ISIJ International Vol. 54 (2014) No. 5 p. 1106-1110

13 Evers, D. et al (2014) *Global mercury hotspots: New evidence reveals mercury contamination regularly exceeds health advisory levels in humans and fish worldwide*. Biodiversity Research Institute.

14 Vahabzadeh M, Balali-Mood M. (2016) *Occupational metallic mercury poisoning in gilders*. Int J. Occup Environ Med 2016: 7-122

3.1.2 Tajikistan

Sampling was conducted in urban areas of Dushanbe which is the capital city of Tajikistan. Participants live close to the Varzob River where they catch fish for personal consumption. There are some sources of mercury pollution in the area such as the Dushanbe Thermal Power Plant (TPP) which was commissioned in 2013. The facility uses coal from the Ziddi coal field located in the upper stream of the Varzob River. The old cement production plant is located near the TPP and consumes coal from the same coal mining field. *Cement plants and Thermal Power Plants based on coal are listed as point sources of emissions of mercury and mercury compounds in Annex D on the Minamata Convention.*

3.1.3 Cook Islands

The nation of Cook Islands are a remote group of 15 South Pacific islands spread over 2.2 million square kilometres. Sampling was conducted in two locations in the Cook Islands group.

Location 1: Sampling was conducted in Rarotonga among women who were originally from other villages in Rarotonga or islands in the Cook Island group.

Location 2: The second location for sampling in Cook Islands was among office workers based in Rarotonga.

3.1.4. Tuvalu

Tuvalu is a nation of nine islands in the southwest Pacific Ocean formerly known as the Ellice Islands. They have a combined land mass of 27 square kilometres. Around 94% of the ethnic Tuvaluan population are Polynesian. Those on the island of Nui are of Micronesian origin. Sampling was conducted in Funafuti Island, the administrative capital of Tuvalu. Women who participated were from a range of Tuvaluan islands.

3.1.5 The Republic of Kiribati

The Kiribati islands consist of three main groups separated by long distances in the southwest Pacific Ocean. The three groups are the Gilbert group on the equator, the Phoenix Islands in the east and the Line Islands further east. The total land mass is 811 square kilometres. Participants in the sampling project were from the Betio district of the capital island Tarawa.

3.1.6 The Republic of Marshall Islands

The Marshall Islands is a nation of 29 coral atolls and 1,156 islands and islets in the Pacific Ocean located close to the equator just west of the international date line. Sampling was conducted in the capital Majuro which has a population of around 27,800 people who are predominantly Micronesian.

4. RESULTS OF SAMPLE ANALYSIS AND QUESTIONNAIRES

4.1 HAIR SAMPLE ANALYSIS

The results of analysis of hair samples for Total mercury (THg) in all countries are provided at Table 2 and include the cohort mean with one standard deviation.

TABLE 2. RESULTS OF HAIR ANALYSIS FOR THG OF WOMEN OF CHILDBEARING AGE IN THE ASIA AND THE PACIFIC REGIONS

Country	Average THg (ppm) in Hair	St. Dev.	Max. THg (ppm)	Min. THg (ppm)	Sample Size
Cook Islands loc. 1	3.60	1.67	6.96	0.17	30
Cook Islands loc. 2	3.67	2.19	8.51	0.96	30
Kiribati	3.42	1.27	7.51	1.77	30
Nepal loc. 1	0.67	0.24	1.18	0.21	33
Nepal loc. 2	3.62	6.11	28.46	0.35	20
Rep. Marshall Islands	3.25	2.2	11.31	0.55	30
Rep. Tajikistan	0.06	0.12	0.70	0.01	31
Tuvalu	1.99	0.64	3.40	0.53	30

4.2 AGE RELATED DATA

The women who consented to taking part in the hair sampling activity were drawn from the age bracket of 18-44 year olds to correspond with one of the most vulnerable sub-set of women – those of childbearing age. While it is common that women give birth to children outside of this age range this range was selected as it a broadly utilized range in the scientific literature and allows for comparison to other studies. There was also a limitation of the study that samples from minors (aged less than 18 years)

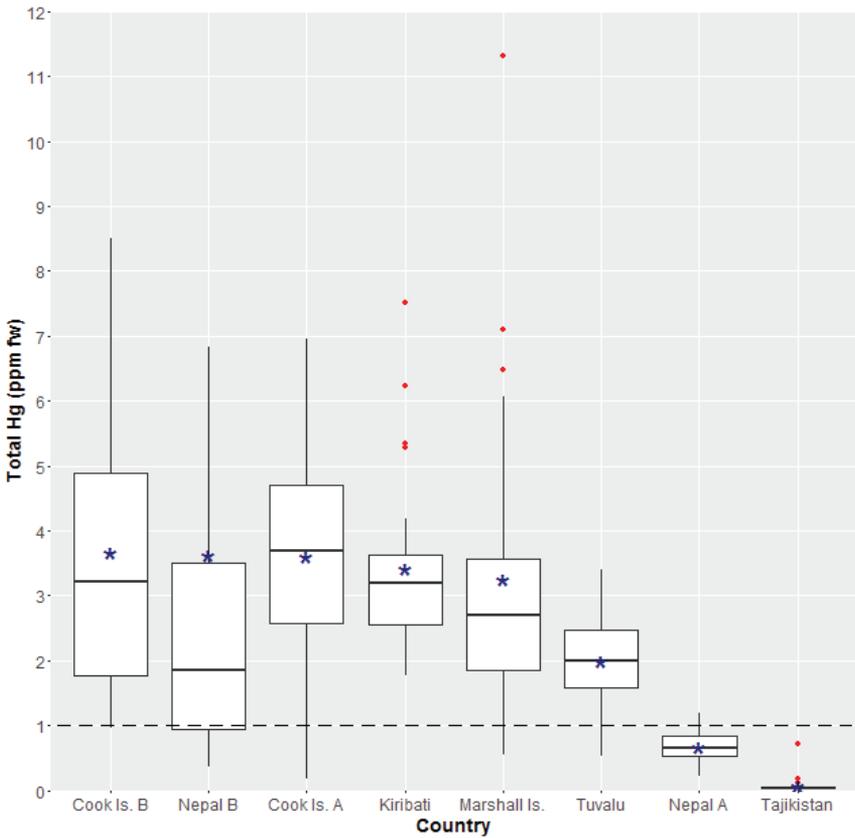


Figure 4. Mercury concentrations in hair (ppm fw) in human hair by location.

Note: Dashed line represents the 1 ppm total mercury reference level. A single outlier of 28.5 ppm from Nepal B (location 2) could not be included on the box plot due to scale limitations.

are not legally permitted to be analysed at US laboratories due to ethical considerations.

This study did not seek to balance the age sub-categories in this study (the sub categories for analytical purposes were 18-25, 26-30, 31-35, 36-40, and 41-44 years old) as timing and logistical constraints usually ensured there was not a surplus of volunteers. IPEN samplers therefore accepted participants that fell within the study age range without attempting to balance age related sub categories which may have resulted in some potential volunteers being rejected as participants due to all positions in their sub-

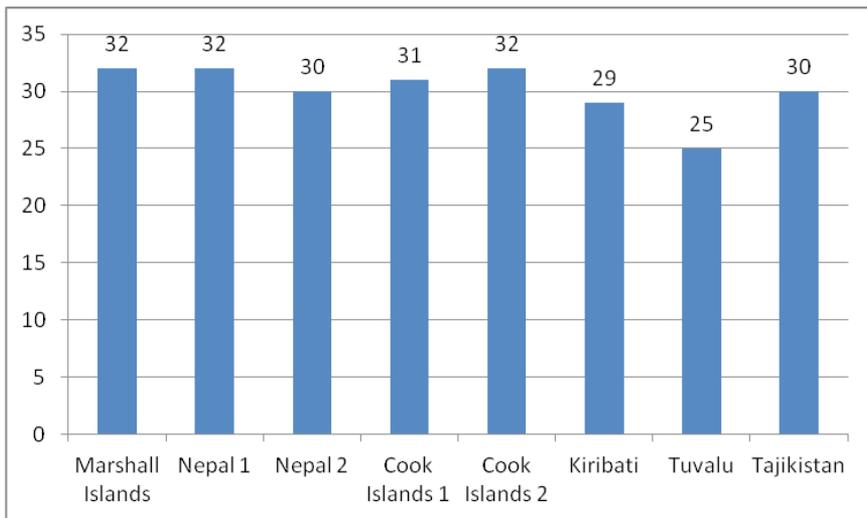


Figure 5. Average age of sampling participants by location.

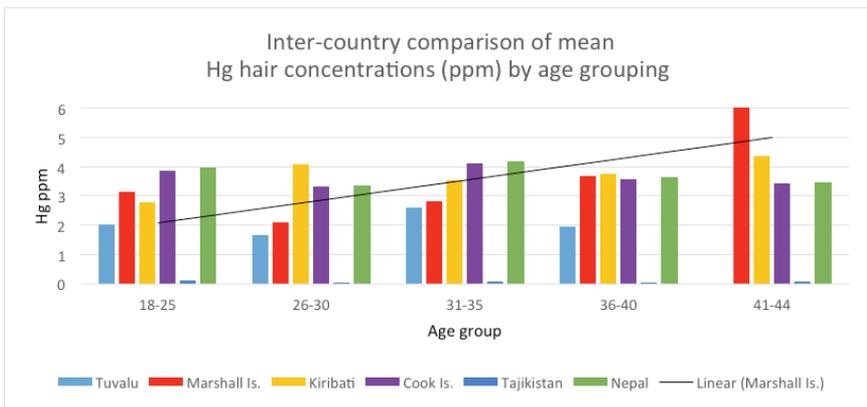


Figure 6. Inter-country comparison of mean Hg concentrations by age grouping.

category being filled. For this reason some locations have a larger number of women in one age sub category than another. These variables impact on the degree of certainty associated with age related trends presented below.

Relevant data from the questionnaires was compiled to see if there were any trends indicating that mercury was accumulating in the participants

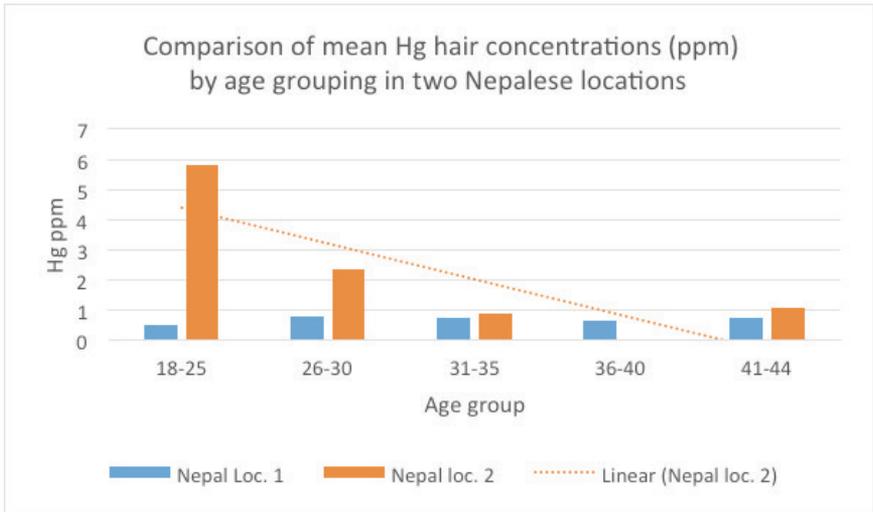


Figure 7. Comparison of mean Hg hair concentrations (ppm) by age grouping in two Nepalese locations.

over the age range related to the study (18-44). The results in Figure 6 do not indicate an age related increase in hair mercury concentrations for most locations with the exception of the Marshall Islands where a distinct upward trend in mercury concentrations with age was evident. However, the number of women in each age bracket within each location was relatively small, unbalanced between groups and in some cases (Tuvalu 41-44 years; Nepal location 2 36-40 years) there were no women in a particular age grouping, all of which are variables that affect the results and interpretation. A larger study in each location with an age balanced participant selection would be valuable to assess this trend in a more consistent manner.

The results in Figure 6 include an aggregate of the data from location 1 and 2 in both the Cook Islands and Nepal. While the mean mercury levels, when compared between location 1 and 2 in the Cook Islands, varied slightly, the mean mercury levels compared between location 1 and 2 in Nepal differed significantly and have been presented separately in Figure 7 for consideration. Additional variables which were not collected as data include the length of time that an individual resided in a given location. Depending on the mercury exposure scenario, length of residence in a given location could be a significant factor.

When comparing the results for location 1 and 2 in Nepal (Figure 7) the trend is quite different to that observed in the Marshall Islands (Figure 6) with an inverse relationship between age and mean mercury concentrations by age group in Nepal location 2 but with no discernable trend in Nepal location 1.

A number of factors affect the results of the intra-country comparison for Nepal. Nearly all women from location 1 (who have a fish rich diet) had mercury hair concentrations below the 1 ppm reference level and had a more balanced distribution (18-25 n=6, 26-30 n=8, 31-35 n=7, 36-40 n=5, 41-44 n=4) within each age group than location 2 (18-25 n=10, 26-30 n=3, 31-35 n=1, 36-40 n=0, 41-44 n=6).

While these variables may help explain the age related trends, the bias in terms of participant numbers toward the youngest age group in location 2 doesn't explain the significantly elevated mean hair mercury concentrations in the youngest group compared to older women from this location. The questionnaire data for location 2 indicated that most of the older women have worked in the mercury gilding occupation for many years or even decades suggesting their level of exposure and accumulation of mercury may be higher than the younger women in this occupation. However, the younger women have a mean mercury concentration five times higher than the older women indicating that other variables may be responsible.

More information about the nature of the occupational exposure of mercury gilders from location 2 is required to assess this phenomenon. It may be that the older women are engaged in administrative duties and are less exposed to mercury vapors and that the younger women have a more direct role in preparing, handling and applying the mercury-gold amalgam paste and hence more exposure to mercury. A site specific assessment of the gilding operation would increase our understanding of roles and exposure of the employees in this activity.

4.3 DIETARY DATA

Participants in the sampling program were also asked to provide a range of details in their questionnaire related to their diet. In particular these questions focused on the amount of fish in their diet, frequency of consumption and the species consumed most often. Although the limitations of this study (e.g. fish were not sampled for mercury concentrations in this study) preclude a detailed statistical analysis some inferences can be drawn about the levels of fish consumption, the species consumed and the hair concentrations of the participants.

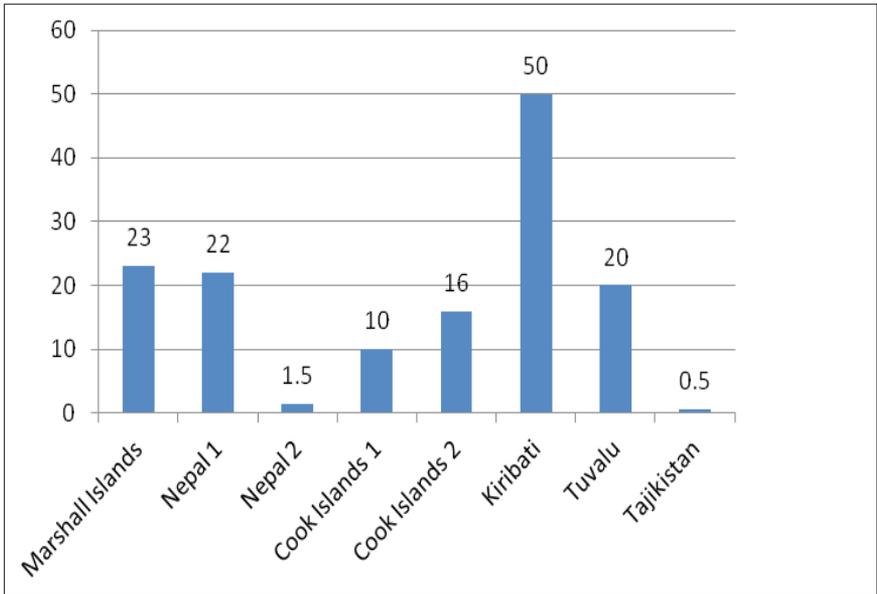


Figure 8. Average fish meal consumption per month by location.

Considering the results of hair sampling presented in this report there appears to be a strong relationship between the amount of fish and type of species consumed in the Pacific Island nations and the elevated levels of mercury in the hair of those women. Women in these countries are eating more fish than other locations but are also eating higher levels of fish from higher trophic level species known to accumulate mercury to levels that may impact human health such as tuna species, marlin and swordfish. A lack of possible industrial sources of mercury pollution in the Pacific Islands strengthens this correlation.

In Tajikistan fish consumption and mercury hair concentrations were both low. However in Nepal location 1 participants have a high fish diet but low mercury hair concentrations and conversely at location 2 women have a low fish diet with elevated mercury hair concentrations. This may be explained in part due to the occupational mercury exposure of women at location 2 in mercury gilding activity.

The low mercury hair concentrations at location 1 may be related to low concentration of mercury in the Tilapia fish they consume but this should be confirmed with fish sampling data before any definitive conclusion can be made.

Figure 8 demonstrates the significantly higher consumption of fish by Pacific Island women compared to respondents from other locations (with the exception of Nepal location 1).

Respondents were also asked to describe the primary fish species that they consumed to provide some contextual data as to whether their diet was high or low in higher trophic level species known to have higher mercury concentrations in their flesh. The results are presented by location below and discussed further in section 5.

MARSHALL ISLANDS

Average age: 32

Average consumption of fish meals per month: 23

Most of the respondents were employed in the tourism and hotel industry (waitress, home duties). Others worked on administrative positions.

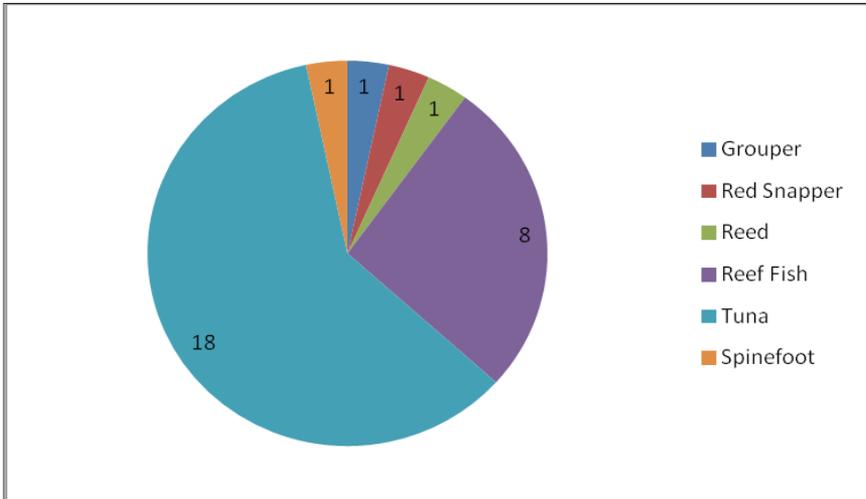


Figure 9. Primary fish species consumed - Marshall Islands.

NEPAL – LOCATION 1

Average age: 32

Average consumption of fish meals per month: 22

Predominant occupation is fisherwoman, but some respondents were also employed in agriculture, tourism, education and one in the chemical industry. None of the respondents was aware of occupational mercury exposure except for one chemical factory worker.

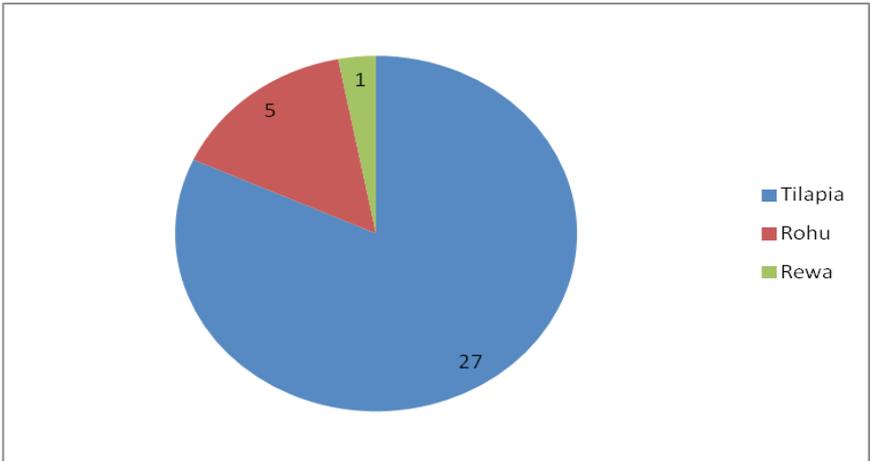


Figure 10. Primary fish species consumed - Nepal location 1.

NEPAL – LOCATION 2

Average age: 30

Average consumption of fish meals per month: 1-2

All respondents work in mercury based gold plating facility and already avoid fish consumption. On the other hand, none of them is aware of the type of exposure to mercury from gilding.

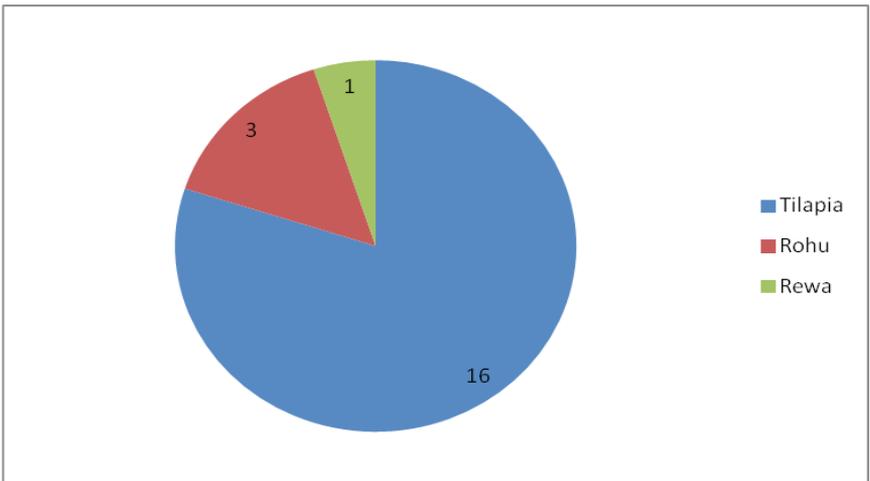


Figure 11. Primary fish species consumed - Nepal location 2.

COOK ISLANDS – LOCATION 1

Average age: 31

Average consumption of fish meals per month: 10

Respondents were predominantly employed in the office environments and none of them was aware of any occupational exposure to mercury or source of mercury pollution and 20 percent of respondents already limit fish consumption.

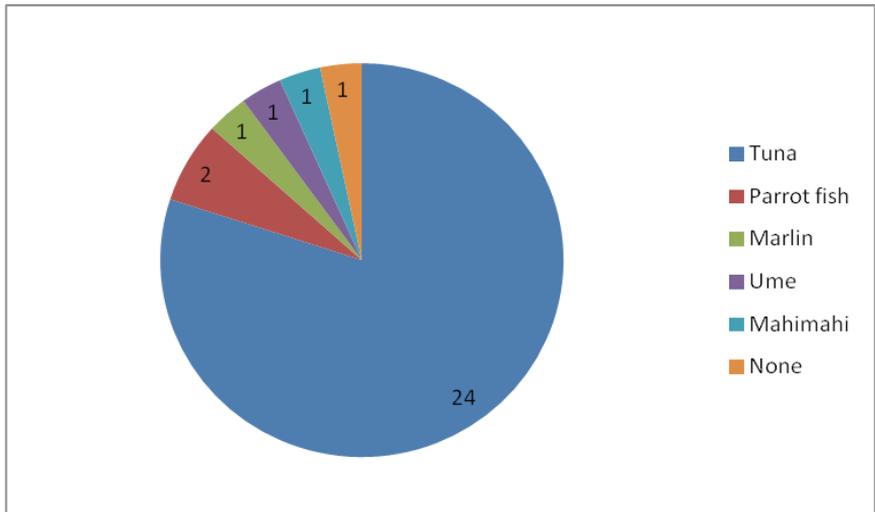


Figure 12. Principal fish species consumed - Cook Islands location 1.

COOK ISLANDS – LOCATION 2

Average age: 32

Average consumption of fish meals per month: 16

Average consumption of fish meals per month: 15-16

All respondents were office workers or government employees. None of them has been limiting the intake of fish meat because of possible mercury contamination. None of them was aware of source of occupational mercury exposure or a close source of mercury pollution.

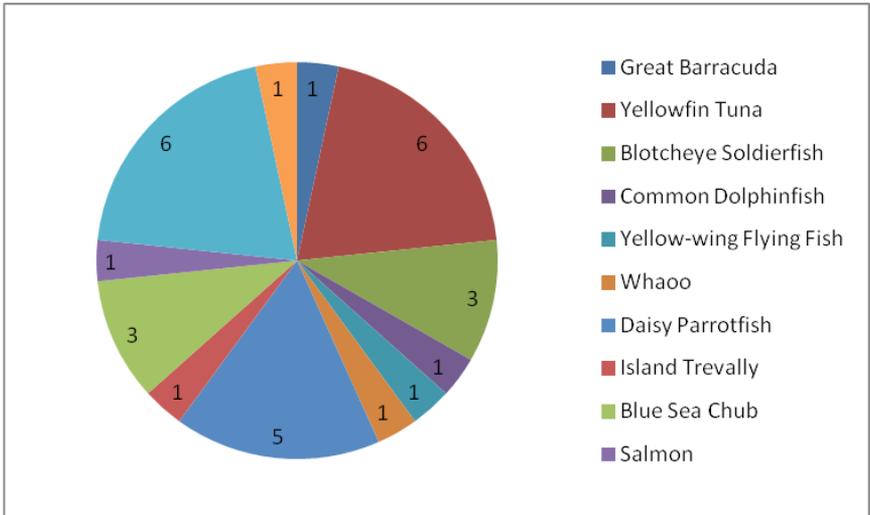


Figure 13. Principal fish species consumed – Cook Islands location 2.

KIRIBATI

Average age: 29

Average consumption of fish meals per month: 50

The respondents' occupation was mainly fish sellers or house duties. Also other occupations included student, teacher or retired. One of the respondents limits the consumption of fish meals due to mercury contamination.

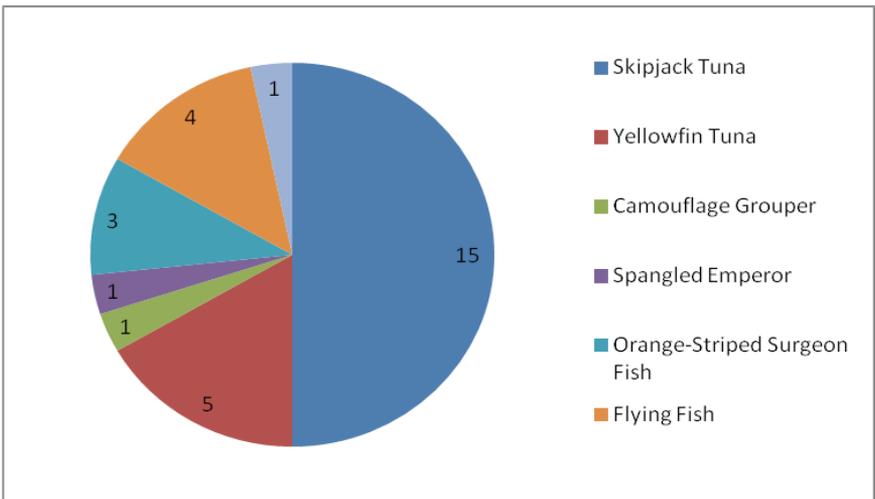


Figure 14. Principal fish species consumed - Kiribati.

tion. None of them was aware of any occupational exposure to mercury or source of mercury pollution.

TUVALU

Average age: 25

Average consumption of fish meals per month: 20

The respondents worked mainly in the tourism / hotel industry. One of the respondents limits the consumption of fish meals due to mercury contamination. None of them was aware of any occupational exposure to mercury or source of mercury pollution.

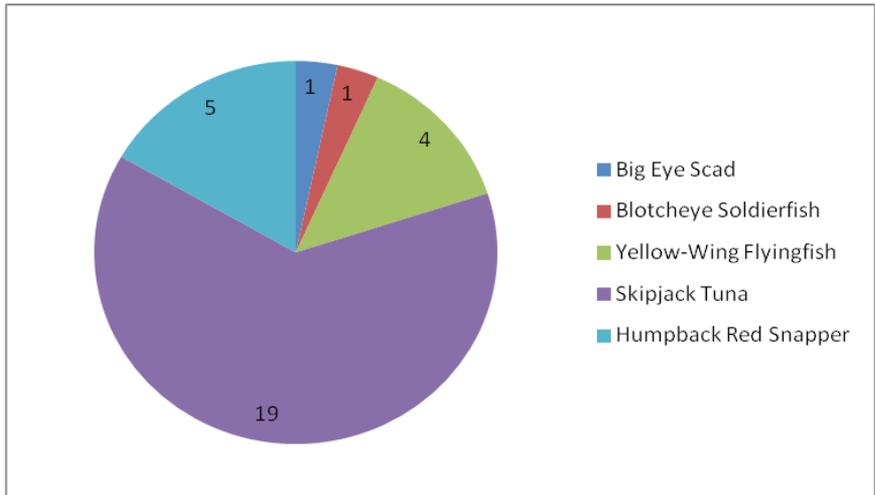


Figure 15. Primary fish species consumed - Tuvalu.

TAJKIKISTAN

Average age: 30

Average consumption of fish meals per month: 0-1

(collected data was limited, so this was determined based on data on primary fish consumption)

Majority of respondent's occupations were reported as students, home duties, hospital workers, teachers or were in the hotel industry. None of them avoided fish consumption due to mercury pollution. Only one respondent (nurse) was aware of occupational mercury exposure and a close source of mercury pollution.

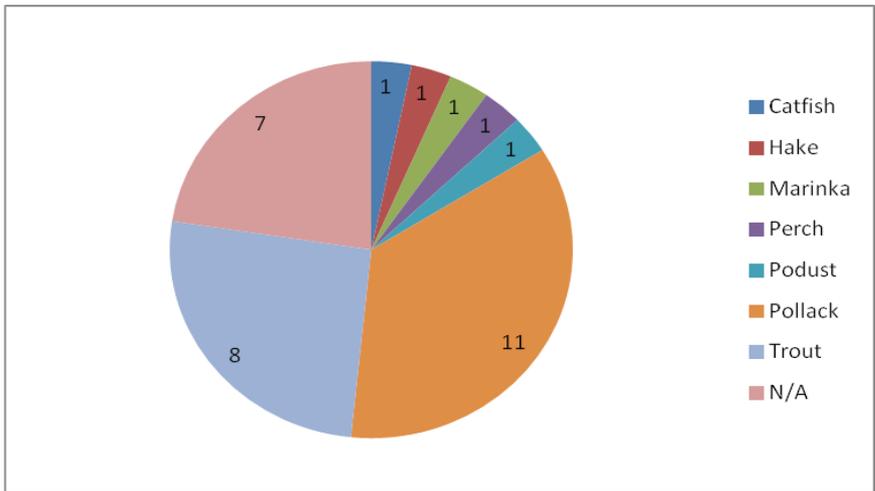


Figure 16. Principal fish species consumed - Tajikistan.

5. ASSESSMENT AND DISCUSSION

Examining the results of the hair sampling data among women of child-bearing age in selected countries of the Asia and Pacific Region allows a number of observations. The graphic representation above shows a clear trend toward highly elevated levels of mercury among women of the Pacific Islands where sampling has taken place. Using the reference level of 1ppm (represented in Figure 4 as the broken horizontal line) agreed in the project methodology as the threshold below which health effects are currently deemed negligible, it is clear that the average THg levels for Pacific island women are well above the reference level.

In Nepal, at location 1, the average levels of mercury in women's hair was $0.67\text{ppm} \pm 0.24\text{ ppm (fw)}$ and only 9% of those sampled exceeded the 1ppm reference level. At location 2, the average levels of mercury in women's hair was $3.62\text{ ppm} \pm 6.11\text{ ppm (fw)}$ and 75% exceeded the 1 ppm reference level. The women from location 1 in Nepal are fisherfolk who eat the catch that is least marketable but mostly had mercury levels below 1 ppm, however women from location 2 were mostly engaged in the manufacture of gold plated religious idols in their township. This ancient method of gold plating or mercury gilding involves creating an amalgam paste of mercury and gold dust which is applied to the idols and then heated to drive off the mercury as vapor. As a result the data suggests that most of these women are exposed to high levels of mercury vapor in a similar scenario to that of ASGM workers employing the mercury amalgam technique to recover gold as described in section 3.1.1.

Despite Nepalese women of the Jalari fishing community (location 1) consuming fish regularly in relatively high quantities compared to women from location 2 in Nepal, they do not have elevated mean hair mercury levels. The women from location 2 who are engaged in mercury gilding as an occupation have a mean mercury hair levels more than five times higher suggesting both occupational exposure to mercury vapour among the gilders and a relatively low level of mercury contamination among the species of fish eaten by the Jalari women.

Given the relatively high fish consumption by both Jalari women from Nepal and most participants from the Pacific Island states (who are not subject to occupational exposure, industrialisation or Annex D sources) it is notable that the levels of mercury in hair of Pacific Islands are particularly elevated. An inference may be drawn that the fish consumed in the Pacific Islands have a much higher concentration of mercury than those

in Begnas Lake. This could be confirmed with additional biomonitoring of fish stocks in the lake, especially the Tilapia (*Oreochromis niloticus*) which are the mainstay of the Jalari fish diet.

In Tajikistan, where fish is not often eaten, the levels of mercury were very low with an average mercury level in human hair of $0.068 \text{ ppm} \pm 0.12 \text{ ppm}$ (fw). None of the participants had a total mercury level exceeding 1 ppm with the highest level recorded at 0.70 ppm.

In the Cook Islands 95 % of women had levels above the 1 ppm reference level with the average or mean levels among the cohort exceeding this level by more than 3 fold with a mean level of $3.63 \text{ ppm} \pm 1.91 \text{ ppm}$ (fw). Of the group exceeding the reference level 20% of women exceeded the reference level by 5 fold (5 ppm) or more. Four individuals exceeded 7ppm indicating that elevated mercury concentrations are common among Cook Island residents.

Again, in Kiribati 100% of those women providing samples exceeded the 1ppm threshold with all women returning results at least 3 fold higher than the 1ppm threshold. The average mercury level in human hair in Kiribati was $3.42 \text{ ppm} \pm 1.27 \text{ ppm}$ (fw). In addition 13% of all participants reported levels in excess of 5 ppm.

In the Marshall Islands 96% of women exceeded the threshold level of 1 ppm where the average level of mercury in hair for the group was $3.25 \text{ ppm} \pm 2.21 \text{ ppm}$ (fw). Of this cohort 16% exceeded a THg concentration of 5ppm with one individual registering in excess of 11 ppm.

In Tuvalu 93% of women who provided samples had a THg level in excess of 1 ppm. The average for the group was $1.99 \text{ ppm} \pm 0.64 \text{ ppm}$ (fw). Of this cohort none exceeded 4 ppm THg.

Overall 96% of women sampled in the Pacific Islands had a total mercury concentration that exceeded 1ppm and on average their results were between 2 ppm and 3.7 ppm

The clearly elevated levels among women of the Pacific islands appears to be almost entirely due to their diet which is rich in fish, especially higher trophic level predatory fish, which are known to have accumulate significant level of mercury in their tissue. This exposure pathway for elevated mercury levels among the Pacific women sampled is supported through questionnaire data indicating high dietary levels of fish known to carry an elevated body burden of mercury. By comparison most participants of non-Pacific origin, with the exception of the Jalari women in Nepal, had relatively low levels of fish in their diet especially with regard to larger predatory fish species.

This conclusion is further supported by the fact that the Pacific Islands where sampling was conducted lack developed industrial infrastructure known to be a significant source of mercury emissions and releases such as waste incinerators, coal-fired power plants, metallurgy plants, chlor-alkali plants or cement kilns. Artisanal and small scale gold mining (ASGM) activity which is known to have high exposure levels of mercury for many of those engaged in the activity is not practiced on these islands.

With the exception of local landfills, open burning of some waste and exposure to some products containing mercury there is limited exposure to direct mercury pollution that would explain the widespread elevated levels of mercury body burden among these women, some of whom are from very remote outer islands away from urban centres of the Pacific island capitals.

Given the lack of direct exposure to local mercury pollution sources and the extremely wide geographic distribution of participants, it can be concluded that the elevated mercury body burden impacts experienced by the Pacific Island sub-group in this project is attributable to diffuse mercury pollution of the ocean. In turn bioaccumulation and biomagnification of methylmercury among commonly eaten fish species is the most likely route of exposure of the study participants leading to elevated mercury body burden for these women.

While there appears to be a clear trend in relation to elevated mercury levels among women of the Pacific Islands due to fish consumption, further targeted sampling at a scale which would produce statistically relevant population level data should be undertaken. In addition sampling in a broader suite of urban Asian regional areas could be undertaken to strengthen the comparative analysis between Pacific SIDS and their counterparts in Asia to assess the impact of direct industrial pollution exposure on mercury body burden relative to the diffuse mercury pollution which appears to have a pronounced impact in the Pacific.

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ANNEX 1. STUDY METHODOLOGY

PROJECT: MERCURY MONITORING IN WOMEN OF CHILD-BEARING AGE IN THE ASIA AND THE PACIFIC REGION

Overview

IPEN's methodology for the UNEP funded "Mercury monitoring in women of child-bearing age in the Asia and the Pacific region" project takes into account scientifically sound and acknowledged human hair monitoring protocols and IPEN's previous monitoring studies of mercury in human hair (Evers et al. 2014). The methodology covers sampling method, collection of data, and mercury measurements as well as assessment and evaluation of the results. IPEN intends to apply a similar methodology as applied in IPEN's 2012-2013 global study.¹⁵

IPEN is collaborating with the Biodiversity Research Institute (BRI) in the design and implementation of this project. BRI is a non-profit ecological research group with more than 25 years of experience assessing emerging threats to wildlife and ecosystems and is a leader in ecological research related to mercury toxicology.

This project will rely on IPEN's broad network of collaborating organizations in Asia and the South Pacific. Further to IPEN's obtaining of the necessary approval from the SAICM Focal Point of participating countries, those IPEN Participating Organizations who take part in the project will engage with local communities living in the area selected for the sampling and conduct the sample collection for this project according to defined protocols. Hair samples will be shipped to BRI and analyzed in BRI's Wildlife Mercury Laboratory in Portland, Maine, USA. BRI will provide the results, including the raw data, as well as their interpretation in a summary report to IPEN for distribution to all relevant participants and further use in the project. Prior to IPEN entering into an arrangement with collaborating organizations in potential participating countries, IPEN will obtain appropriate country approval of the sampling project by the National SAICM Focal Point.¹⁶

15 Global Report, Appendix: Methods Behind the Data (Page: 18): http://www.ipen.org/sites/default/files/documents/BRI-IPEN-report-update-102214%20for%20web_0.pdf

16 http://www.saicm.org/index.php?option=com_content&view=category&layout=blog&id=143&Itemid=528

The methods for sample collection, participant surveys, sample analysis, and data interpretation rely on previous work conducted by IPEN and BRI. All participant forms and survey materials have previously been approved by an Institutional Review Board (IRB) for Human Subjects through the University of Southern Maine, Portland, Maine, USA (USM) and incorporate techniques and approaches for engaging with participants used by national and international agencies. An updated IRB has been approved at USM and provided to UNEP. Laboratory methods follow U.S. Environmental Protection Agency standards. Information on mercury concentrations in individual hair samples will be returned to the relevant participants. Along with this, participants will be provided, in an accessible manner, with detailed information to assist with interpretation of mercury concentrations in hair.

The methodology for this project draws upon the experience of past IPEN/BRI monitoring projects and has been refined further to ensure the generation of scientifically robust data that can contribute to the global mercury monitoring efforts of the UNEP Global Mercury Partnership, and meets the international scientific standards related to mercury monitoring (UNEP/WHO 2008).

This is considered a pilot screening study with the aim to promote global mercury monitoring efforts of humans, fish, and the environment as the preparation for ratification and early implementation of the Minamata Convention on Mercury moves forward.

Hair Sampling Method (Protocols)

Annex A-E, enclosed, are the elements of the detailed procedural document that will be provided to each relevant IPEN Hub and NGO undertaking hair sampling to ensure that the process of participant selection, surveying and sampling protocols will remain consistent in all sampling locations and that the data generated will be scientifically sound. This will also allow determination of the suitability of the results for comparison with other global monitoring results. Once IPEN has obtained the country approval from the National SAICM Focal Point of participating countries, IPEN will contract NGOs to conduct the sampling.

Prior to sample collection each participant will be required to complete a standardized questionnaire to record information relevant to the sampling program. The information recorded as part of the questionnaire will be attributed to an anonymous participant or used in an aggregated manner. A code number referred to as a 'sample label' will link the participants, their questionnaire and the sample taken to assist with contextual feedback to the participants on their recorded personal mercury levels following the

analysis of samples and, if necessary, measures to reduce mercury exposure.

The sampling protocol will ensure that samples are taken in a safe and clean manner with particular attention to steps that will prevent any potential contamination of the sample from other personnel or sampling equipment. The target sample volume is one bundle of hair sample from each relevant participant from the communities where IPEN will conduct the sampling.

PLEASE NOTE: Participating organisations conducting hair sampling must purchase the equipment kit locally out of the projects funds – it will not be supplied separately.

The sampling protocol (Annex A-E) will include information specifying:

- The equipment kit required and the purpose of each component;
- The recognized standard protocol for taking a hair sample from a participant;
- Details of the required labelling format for samples;
- Instructions for administering the questionnaire (Annex E), which will incorporate a label code to link each sample to the relevant participant;
- The standard format for the participant consent form (Annex D);
- Instructions for the packaging and shipment of hair samples to the BRI laboratory;
- A table of ISO country identification codes and links to additional codes (Annex B);
- The format for a sampling data sheet to record the label code, location and date for samples taken (see Annex C);
- The format for a 'report back' form (Annex F) which will inform the individual participants of their analyzed mercury level, context around the health implications of this level, and recommendations to reduce their mercury exposure. (This document will be completed by IPEN and BRI in consultation with the NGO following sample analysis.)

Further details of the sampling protocol are found in Annexes A-E of this document.

Collection of Data (Protocols)

Target Group

The focus of this project is the vulnerable sub-population group, 'Women of child-bearing age in the Asia and the Pacific Region'. The definition of child-bearing age differs to some degree between various institutions. Studies undertaken by United States researchers use the age range of 18-44 years due to Federal government limitations on sampling of biological material from minors. For this project IPEN defines the target group for sampling as women of child-bearing age from 18 to 44 years.

Participant Selection

Female participants will be selected based on the criteria of (1) their age (18-44 years), (2) willingness to participate, and (3) having sufficient hair to provide a sample for analysis. NGOs that are IPEN Participating Organisations (POs) will be the key organizations on the ground to identify and convene participants at each location and will administer the questionnaire, consent forms and conduct hair sampling according to the specified protocols. The choice of individuals after meeting the above criteria, will be based on the ease of getting a sample from the first 30 available participants. IPEN will utilize its Regional Hubs to identify relevant NGOs who are appropriately skilled to carry out this activity, assess the capacity of each NGO who would be participating in this project, and provide ongoing technical and policy support (including the protocols summarised in this document) to the NGOs to ensure they are able to gather samples in a scientifically sound manner that is consistent with recognized standards for sample collection of human hair for mercury monitoring (UNEP/WHO 2008). Due to the limited size of this survey, in particular the small sample size, the results will not allow generalization to overall mercury levels in the country population and will not be able to produce results of statistical significance.

The right of confidentiality is granted to each individual participant unless she voluntarily waives it through written communication. For the purposes of this project data will be presented in an aggregated analysis that does not enable identification of individual participants. Once individual participant sample data is generated and communicated back to the participant, that individual has the right to release that information if she chooses to do so. This is consistent with an individual's right to know about their personal health information and disclose it if they wish to.

Where English is not an appropriate language, participants will be provided with a translation of relevant documentation, including waiver and sample results.

Data Collection Locations

The project will be based on hair sampling of women of child-bearing age from a maximum of 14 locations in up to 11 countries from the Asia and the Pacific regions with 1-2 sample locations from each country. Based on the scientific literature, in order for sampling to be scientifically sound, it will be important to include at least 30 participants per sample location.

Based on the limited financial resources and the diversity of geographic landscapes and populations, IPEN has identified countries and a number of locations for sampling, below, for NGOs to identify women of child-bearing age participants to take part in this study, once IPEN will have been granted with the necessary approval from the national authorities of participating countries. The selection of sites within these countries is not necessarily associated with known contaminated sites. The June, 2016 revision of this methodology reflects a greater emphasis on seeking pacific countries in which to conduct sampling. IPEN Participating Organisations (POs) in some parts of Asia that were identified as prospective sampling locations in the previous methodology, have indicated that it would not be possible to obtain authorisation from government officials to conduct sampling. This revision of locations is expected to obtain more positive responses from national officials. The revision of the timeline (below) reflects the delays previously incurred primarily through attempts to obtain such authorisation.

A total of up to 14 locations across Asia and the Pacific will be sampled with 30 – 35 samples collected per site. Candidate countries and possible numbers of locations are as follows:

ASIA

Country	Locations
Nepal	1-2
Sri Lanka	1-2
Tajikistan	1-2

PACIFIC

Country	Locations
Cook Islands	1-2
Fiji	1-2
Kiribati	1-2
Federated States of Micronesia	1-2
Palau	
Marshall Islands	1-2
Tonga	1-2
Tuvalu	1-2

Mercury Measurements

Total mercury in hair will be analyzed at BRI's Wildlife Mercury Research Laboratory following EPA method 7473 by gold-amalgamation atomic absorption spectroscopy following thermal desorption of the sample using a Milestone DMA-80. A blank and two calibration standards (DORM-3 and DOLT-4) are used in each of the two detector cells. Instrument response are evaluated immediately following calibration, and thereafter, following every 20 samples and at the end of each analytical run by running two certified reference materials and a check blank. Instrument detection limit is approximately 0.050 ng. An acetone wash of the hair samples followed by a rinse with milli-Q water can be used to remove external contamination, such as hair products. BRI has analyzed over one thousand fur/hair samples since 2008 and has published the results in scientific, peer-reviewed papers and BRI reports (e.g., to the Mexican government; Rinker et al. 2013).

Laboratory Selection

IPEN has identified BRI as the laboratory that will be used for the analysis and assessment of hair samples for mercury. BRI operates two laboratories, each outfitted with a Direct Mercury Analyzer (DMA). One laboratory maintains a BioSafety Level 2 status that permits tissue samples collected from areas outside the United States to be accepted without special treatment. BRI's Wildlife Mercury Laboratory analyzes thousands of samples annually including egg, muscle, blood, feathers, fur, and human hair. As mentioned above, BRI follows laboratory methods approved by the U.S. EPA.

Note: IPEN has determined that BRI represents the most cost effective option in terms of laboratory analysis for mercury samples for a project with limited resources. IPEN has designed the budget framework for this project to incorporate this cost effective approach.

Assessment

The interpretation of sample results will be based on the comparison of data generated from the field samples with the U.S. EPA's reference dose for mercury in human hair (USEPA 2001). Mercury concentrations above 1.0 ppm in hair have been related to neurological impairments in adults (Yokoo et al. 2003; Karagas et al. 2012). These data will help determine contaminant concentrations in participating human subjects and potentially identify regions that require more intensive investigations. Data obtained from the questionnaires will be used in the project report that will be prepared as part of the project and submitted to UNEP for review. Because there is not a parallel analyses of fish mercury concentrations in this survey, only categorical inferences will be made when comparing hair mercury concentrations and the foods that participants eat. The results will include graphic representation of the information (graphs, charts, etc.) in the final public report.

The combination of all the data generated in this project will contribute to developing data and information in participating countries, elevating public knowledge about the threats of global mercury pollution and contributing to knowledge of mercury levels internationally.

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Timeline

UPDATED & REVISED IMPLEMENTATION PLAN

Activity	Timeframe
Start	01/05/2015
Finalize methodology to be used for the monitoring	30/06/2015
Select laboratory that will be doing the measurements	30/06/2015
Select participating countries and obtain general agreement on the project from the national SAICM focal point	30/06/2015
Establish partnership agreements with NGO partners in participating countries* and with the BRI laboratory for conducting the measurements	31/01/2016 - 07/09/2016
Obtain permission from participating countries for sampling**	30/08/2016
Conduct sampling	01/09/2016
Conduct lab analysis	15/09/2016
Draft full international report, including raw data as an Annex	30/10/2016
Submit international report to UNEP for review	01/11/2016
Comments on international report by UNEP	15/11/2016
Finalize full international report	01/12/2016
Draft summary reports	05/12/2016
Submit summary reports to UNEP for review	20/12/2016
Comments on summary reports by UNEP	15/01/2017
Finalize summary reports	31/01/2017
Release final full international report and summary reports	14/02/2017
End : Preparation of project final financial and narrative reports	28/02/2017

* *NGO agreements to be signed once permission is obtained by participating country*

** *Timeline may vary if National SAICM Focal Point responses are delayed, and IPEN and UNEP are not able to secure approval on this timeline.*

Data presentation

IPEN will submit the results to UNEP through a project report for review, including raw data as an Annex. IPEN will also submit a 1 – 3 page summary report. After approval, the summary report will be translated into the 6 UN languages.

IPEN, in cooperation with UNEP, will develop and implement a communication plan for the dissemination of the results of the project, both at the international level and in participating countries.

The final cleared International Report cover will include the logos of UNEP, IPEN, and BRI. The report may be titled, “Mercury monitoring in women of child-bearing age in the Asia and the Pacific region.” The inclusion of the UNEP logo is contingent on UNEP clearance of the report.

IPEN and/or BRI, in consultation with UNEP, will present the outcome of this project at relevant venues including international mercury treaty events such as an International Negotiating Committee (INC) meetings or Conferences of the Parties (COP) to the Minamata Convention on Mercury and with relevant Global Mercury Partnership meetings.

At the request of UNEP, IPEN could also share the data with other identified UNEP partners. In addition IPEN may share the methodology and protocols for mercury in hair sampling used in this project with other parties who may wish to implement them in other hair mercury sampling activities.

IPEN will release to UNEP all data collected in the course of this project. The data will include the measured mercury concentrations for every participant, as well as the results of the questionnaire (except the participant’s name), as well as other data or observations collected by the NGOs. The data will be in the form of an Excel spreadsheet or similar tabular data format. IPEN will provide this data as soon as possible after the field sampling and hair analysis.

ANNEX A. HAIR SAMPLING METHOD (PROTOCOLS)

A detailed explanatory document will be distributed to NGOs conducting the hair sampling of women of child-bearing age. The document will include the following practical information related to taking samples and transporting them to the laboratory in a manner that preserves the integrity and identity of the samples.

EQUIPMENT NEEDED FOR SAMPLING HAIR

Each participating organization is required to provide their own supplies for hair sampling. Materials needed are summarized in the table below.

HUMAN HAIR SAMPLING KIT

ITEM	PURPOSE
Stainless-steel scissors	Cutting hair
Self-adhesive label or tape that can be written on	Labelling and securing the hair sample
Small Ziploc bag	Storing the hair sample after collection
Hair Sample Log	To be completed after collection of samples to serve as an inventory for the BRI Lab
IPEN Hair Sampling Consent Form & Questionnaire	To be filled out for each individual sample collected
Nitrile examination gloves	To be worn during sample handling. Wear a fresh pair of gloves for each sample when possible
Permanent marker & ballpoint pen	Labelling sample bags and data sheets
Alcohol wipes	For cleaning scissors before and after each sample is collected

HUMAN HAIR SAMPLE COLLECTION

Standard protocols for the collection of human hair samples are included below. It is important that all steps are followed carefully to ensure the

data collected is of the highest quality. For each sample, the questionnaire provided at Annex E must be completed and signed by the sample subject.

- Ensure the Consent Form is signed (see Annex D).
- Complete the provided Questionnaire (see Annex E).
- The collector should wear a new pair of nitrile examination gloves when collecting and handling each sample.
- Use an alcohol wipe to clean the cutting surfaces of the stainless steel scissors.
- Grasp a bundle of hair approximately the diameter of a pencil eraser (approximately 30 strands of hair) in the occipital region of the head (i.e., near the nape of the neck). An adjacent area may be used if hair length is limited. See Figure 1 below.
- Cut the bundle of hair as close to the scalp as possible
- Secure the hair sample with a small self-adhesive label using an arrow to indicate the direction of the scalp.
- Please leave 3–4 cm of hair exposed from the label. The hair closest to the scalp will be analyzed for mercury. If it is not possible to leave 3–4 cm of hair, leave as much hair as possible.
- If hair is shorter than 2 cm, please do not use a label. Just place the short hair in the Ziplock bag.
- Place the hair sample in a small Ziplock bag
- Identify the sample by placing a unique sample label on the bag. DO NOT write subject name or any other personal identifiers on the bag.

SAMPLE LABELING FORMAT

The “MERCURY MONITORING IN WOMEN OF CHILD-BEARING AGE IN THE ASIA AND THE PACIFIC REGION” project will be analyzing scores of human hair samples from several Asia – Pacific countries. It will be very important that all sample labels are written legibly and clearly. In addition, it is imperative that all samples have a unique sample label ID. Each country is assigned a unique three-letter code, following the country codes developed by the International Organization for Standardization (ISO). These codes are listed in Annex B of this sample protocol. A link to additional country codes you may require is also listed.

When labeling each human hair sample, please use the following convention:

Record your 3-letter country code, a number corresponding to the sampling site (as there could be multiple sites in one country, label sample 1,

2, or 3) followed by the word HAIR, and the two-digit, sequential number of the sample (from 01 to 35). Below the label, please record the date the sample was collected, using the format of **dd-MM-yyyy**. As an example, the first human hair sample collected from the first community in Nepal (NPL) on November 4, 2015, would be labeled as follows:

NPL-1-HAIR-01 04-NOV-2015

NOTE: the Sample Label will also serve as the participant identification.

SAMPLE DATA SHEET

Following sample collection, each participating NGO should complete the Hair Sample Data sheet (Annex C) and include it with the shipment of hair to BRI. This data sheet will provide BRI with an accurate inventory

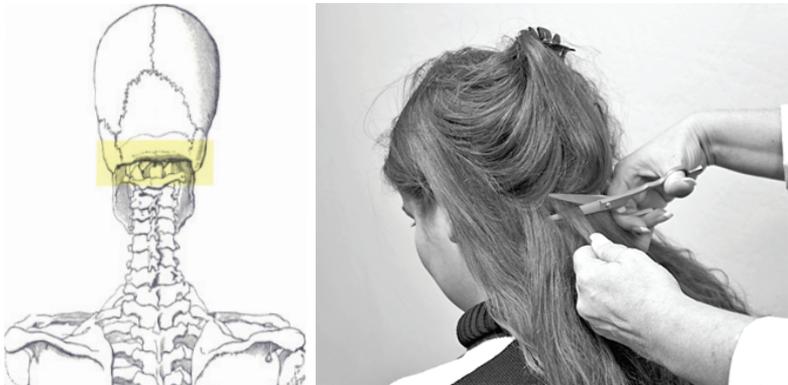


Figure 1. Occipital Region: Target sample area

of samples included in the shipment. Please retain a copy for your records in case it gets lost in transit.

INTERVIEWING SAMPLE DONORS

Each sample donor will have to fill out a questionnaire (Annex E). This can be done as an interview of the donor by NGO staff or by having the donor fill out the questionnaire (in this case the donor needs to understand English or the questionnaire needs to be translated into a local language). The questionnaires (which are to be recorded electronically or as hardcopy then scanned) must be sent to the IPEN hair sampling project email address (hghair@ipen.org) with the NGO keeping a back-up copy,



Figure 2. Correct labelling and storage of sample

OR the completed questionnaires can be re-written to an electronic format. Please use the Word template for that purpose. Note: The questionnaires must be sent to IPEN at the email address above and not to BRI.

PARTICIPANT INFORMATION

Prior to shipping human hair samples to BRI, the participating NGO should record sample donors' names and corresponding sample labels and securely retain this document. This way the results can be sent back to each individual participant upon completion of analysis. Mercury values will be listed with their corresponding sample label and submitted at the request of participating NGOs.

HAIR SAMPLE SHIPMENT

All samples will be shipped directly to the Biodiversity Research Institute's Wildlife Mercury Lab using DHL. The human hair samples, and Sample Data Sheet will be shipped to BRI as a package. NGOs conducting sampling must retain an electronic copy of all documents by scanning hard copies and saving them or directly entering data in electronic form during the sampling activity. Hair samples are to be stored at ambient temperature until shipment.

1. Place the human hair samples and Sample Data Sheet in a DHL or shipping envelope obtained from the shipping provider. Please try to obtain a padded envelope to give the hair samples extra protection

during shipment. (NGOs will also need to email a copy of the same Data Sheet to BRI – see below)

2. Email the electronic versions of completed hair Questionnaires and Consent Forms to [IPEN \(hghair@ipen.org\)](mailto:hghair@ipen.org).
3. Email a copy of your human hair Sample Data Sheet to BRI (IPEN.BRI@briloon.org) and await further instructions about shipping. Once BRI receives this information and you are ready to ship, BRI will arrange the shipment online with DHL. You will receive instructions from DHL via email to complete the shipments. If DHL is not in your area, BRI will arrange shipping through another courier, such as UPS or FedEx. BRI will pay for the shipping costs and track the shipment.



Figure 4: Example of a DHL envelope

ANNEX B. ISO COUNTRY CODES

Below is the list of countries that have been identified by IPEN as possibly participating in The ***“MERCURY MONITORING IN WOMEN OF CHILD-BEARING AGE IN THE ASIA AND THE PACIFIC REGION”*** project. Please find the country where your samples are being collected and use the 3-letter code (ISO Alpha 3-code) provided in the column next to your country.

Country	ISO Alpha 3-code
Tajikistan	TJK
Nepal	NPL
Sri Lanka	LKA
Palau	PLW
Tuvalu	TUV
Tonga	TON
Federated States of Micronesia	FSM
Cook Islands	COK
Fiji	FJI
Kiribati	KIR
Marshall Islands	MHL

The full list of country codes is available online at:

<https://www.iso.org/obp/ui/#search/code/>

ANNEX D. CONSENT FORM

Sample Label # _____

IPEN Hair Sampling

Consent Form

Survey Overview

The primary goal of the IPEN ***"MERCURY MONITORING IN WOMEN OF CHILD-BEARING AGE IN THE ASIA AND THE PACIFIC REGION"*** project will be to generate new data, and raise awareness about global mercury pollution, primarily from developing and transition countries in the region. The mercury monitoring information generated will include sampling results from biomonitoring (via hair sampling) of specific communities, in order to improve knowledge about their mercury exposure (specifically in women of child-bearing age that are particularly vulnerable to mercury exposure) while also elevating public knowledge about the threats of global mercury pollution.

Hair samples will be collected by IPEN Participating Organizations and examined by an internationally certified laboratory to indicate the level of mercury detected in the individuals sampled. Results will be anonymous and included in outreach and education about mercury in the environment. **Names of participants in this analysis will never be used publicly unless agreed to by the participants.**

IPEN is a global network with more than 700 public interest NGO Participating Organizations in over 100 countries. Its 8 Regional Hubs operate in the African, Asian, Arab, Eastern European/Caucasus/Central Asian and Latin American regions and in all 6 UN languages (www.ipen.org).

Voluntary Participation

Individuals are free to decline participation in this study or withdraw from participation at any point. In addition, participants in this study do not forfeit any legal rights by signing this informed consent form.

Consent

I have read this consent document and understand the nature of this assessment and procedures for hair sampling. I understand that my participation in this study is voluntary and agree to allow the analysis of my hair sample to be included in this project. I agree to complete this *Mercury Hair Sampling Survey* and, if asked, agree to a follow-up interview to discuss my results.

Participant's Name (Print)

Date

Signature

Confidentiality

The results from this test will be compiled and included as data in a report on mercury exposure and contamination in humans. ***The right of confidentiality is granted to each individual participant unless she voluntarily waives it.***

I, _____ (print), voluntarily waive my right to keep the results of this test confidential.

Signed: _____ **Date:** _____

I understand that by waiving my confidentiality, I am allowing the results of my sample to be discussed in publications, press, or other educational means by IPEN **but that my name will never be used unless I agree to it.**

ANNEX E. QUESTIONNAIRE FORM FOR SAMPLING OF MERCURY IN HAIR

Sample label: _____

The results from this test will be compiled and included as data in a report on mercury exposure and contamination in humans, for raising awareness of mercury body burden in the people.

The right of confidentiality is granted to each individual participant unless she voluntarily waives it.

Consent: Each participant is providing hair samples and responses to the questionnaire at their free will. The participant must sign the consent form to indicate their consent and provide this to the individual collecting the sample and questionnaire response prior to sample collection.

Privacy & Anonymous Samples: Each participant will receive a sample label, to be utilized in collecting results and to conceal the names of participants.

1. Date:	
2. Participant ID Code= Sample Label:	
3. Country:	
4. Gender:	Female ()
5. Age:	

<p>6. Do you want to be contacted by email or post mail to know your personal mercury burden?</p> <p>NOTE: Participants that wish to provide anonymous hair samples, can collect results by emailing (hghair@ipen.org@ipen.org), providing their Participant ID Code and set password.</p>	<p>Yes () No ()</p> <p>Email Address:</p> <p>Postal address in case an e-mail address is not available:</p>
<p>7. Do you eat fish? If not, skip to question 14.</p>	<p>Yes () No ()</p>
<p>8. If you eat fish, what are the one or two kinds that you eat most often?</p>	
<p>9. How often in one week do you eat _____ (first fish species name indicated in response to question 8 above.)?</p>	
<p>10. How often in one week do you eat _____ (second fish species name indicated in response to question 8 above)?</p>	
<p>11. Approximately how many meals of fish are you eating every week?</p>	
<p>12. Have you eaten fish during the last 14 days? If so, approximately how many fish meals and what were the average amounts</p>	<p>Yes () No ()</p>
<p>13. What species of fish have you eaten during the last 14 days?</p>	
<p>14. Do you avoid or limit your fish consumption because of concerns for mercury?</p>	<p>Yes () No ()</p>

15. Do you think you will take measures to reduce your mercury exposure after participating in this survey?	Yes () No () I already take measures ()
16. What is your occupation?	
17. Does your occupation involve exposure to mercury?	
Note: There is more than one type of mercury, organic and inorganic. Sampling hair for mercury illustrates organic mercury in the body. However, you may be exposed to inorganic mercury by sources like dental amalgam filling (“silver fillings”), skin cream or by occupation.	
18. Are you aware of the different ways you can be exposed to mercury?	Yes () No () If yes, please specify if you are exposed because of your occupation and specify your work place? (e.g. chlor-alkali plant, in dentistry, waste incinerator, on landfill etc.)
19. Do you live or work nearby any facility that can be a source of mercury pollution?	Yes () No () If yes, please specify the facility _____
We would like to keep your results and the information you provided above in our CONFIDENTIAL research database.	
20. Is this okay?	Yes () No ()

ANNEX F. PARTICIPANT REPORT

BACK FORM

Below is an example of how the results will be reported back to each participant.

DATE

Mercury in Hair Survey Results

Dear _____,

Thank you for participating in the IPEN MERCURY MONITORING IN WOMEN OF CHILD-BEARING AGE IN THE ASIA AND THE PACIFIC REGION project. This project is focused on raising awareness about mercury levels in your community as well as across the globe.

In total we had XXXX participants from YYYY countries contribute to this project.

All hair samples collected were examined by a certified laboratory at Biodiversity Research Institute's Wildlife Mercury Research Laboratory UUUUU- details on sampling technique needed - UUUUU. Mercury levels in human hair ranged from XXXX micrograms per kilogram ($\mu\text{g}/\text{kg}$) to YYYYYY $\mu\text{g}/\text{kg}$ with an average of ZZZZZZ.

Your result: _____ Hg $\mu\text{g}/\text{kg}$

What we estimate in the hair sample is the body burden of methylmercury (organic mercury).

What Does this Mean?

In 1990, the World Health Organization (WHO) decided that a level of total mercury in hair of less than 10,000 micrograms per kilogram (noted as $\mu\text{g}/\text{kg}$) of hair is unlikely to be associated with adverse health effects. Levels of mercury above this limit in a pregnant woman correspond to a risk of harm to the nervous system of the fetus. In 2000, the US National Research Council established a "reference dose" of 1000 $\mu\text{g}/\text{kg}$ and noted that this level should not be exceeded in women of child-bearing age (USEPA 2001).

What can be done to lower your mercury level? Is there treatment available?

IPEN is not in a position to give individual medical advice. If you are concerned about the mercury levels in your body, you should talk to your healthcare professional.

If you have concerns about your results, IPEN together with [LOCAL NGO NAME] can arrange for a medical doctor consultation.

For additional information and/or to arrange a consultation, please contact the LOCAL NGO NAME + CONTACT DETAILS

Research on the benefits and harms of seafood highlights the importance of choosing species low in mercury and high in omega-3 polyunsaturated acids (see the enclosed additional information related to mercury and frequently asked questions).

Fish Advisories

The Environmental Protection Agency and the Food and Drug Administration of the United States issued a joint draft advisory in 2014 warning pregnant women, women of childbearing age and children to avoid shark, swordfish, king mackerel, and tilefish from the Gulf of Mexico and to limit consumption of certain other fish, especially albacore tuna and fresh tuna.¹⁷

What will IPEN do with this data?

IPEN will analyze all the data collected as part of this project to release a report on mercury levels in human hair. The project is expected to contribute to the development of data and information in the Asia and the Pacific region on the level of mercury in women of child bearing age, and therefore improve the knowledge on human exposure to mercury.

However, please be assured that your results are confidential.

If you have any questions regarding your results or the process we used to obtain them, please do not hesitate to contact us.

Thank you again for your participation in this study.

¹⁷ <http://water.epa.gov/scitech/swguidance/fishshellfish/fishadvisories/index.cfm>

Please find below information about mercury sampling in human hair.

Sincerely,

NAME of LOCAL NGO + IPEN contact

Mercury Information and Frequently Asked Questions regarding hair sampling

Please see factsheet N°361 from the World Health Organisation (WHO) entitled, “Mercury and health” which notes these key facts:

Key facts

- Mercury is a naturally occurring element that is found in air, water and soil.
- Exposure to mercury – even small amounts – may cause serious health problems, and is a threat to the development of the child *in utero* and early in life.
- Mercury may have toxic effects on the nervous, digestive and immune systems, and on lungs, kidneys, skin and eyes.
- Mercury is considered by WHO as one of the top ten chemicals or groups of chemicals of major public health concern.
- People are mainly exposed to methylmercury, an organic compound, when they eat fish and shellfish that contain the compound.

<http://www.who.int/mediacentre/factsheets/fs361/en/>

THE HAIR TESTING

Q° 1. Why was hair sampling chosen as the method for investigating mercury levels?

Hair sampling was chosen because it is not an invasive technique and can provide information about exposure to mercury over time, making it preferable to blood analysis.

Q° 2. Is hair sampling the only method to measure mercury levels?

No. Other methods to monitor mercury levels exist, such as analysis of blood, urine and saliva. Hair is particularly relevant

in assessing exposure to methylmercury in the diet.

THE RESULTS OF THE TEST

Q° 3. What is recommended as a safe level of mercury in a hair sample?

In 1990, the World Health Organization (WHO) decided that a level of total mercury in hair of less than 10,000 micrograms per kilogram (noted as µg/kg) of hair is unlikely to be associated with adverse health effects. Levels of mercury above this limit in a pregnant woman correspond to a risk of harm to the nervous system of the fetus. In 2000, the US National Research Council established a “reference dose” of 1000 µg /kg and noted that this level should not be exceeded in women of child-bearing age (USEPA 2001).

Q° 4. If my level is above this limit, does the result of the hair test tell me anything about my state of health?

No. Your result indicates the concentration of total mercury in your hair and your exposure to mercury during the past few months, depending on the length of your hair sent to the laboratory (as the average rate of growth of hair is approximately 1 cm per month). It does not mean that the mercury to which you have been exposed has necessarily caused a negative impact on your body or state of health. However, if your hair level is above the WHO limit, we would advise you to look for the source of exposure and reduce it if possible. For example, if you are regularly eating fish that are likely to be contaminated with high levels of mercury, you may want to switch to fish with lower mercury levels (see below).

SOURCES OF MERCURY EXPOSURE

Q° 5. What are the current sources of mercury exposure?

The most common route of exposure to mercury (methylmercury) is through the diet, especially fish. Some people may also be exposed to mercury vapor (elemental mercury) due

to participation in certain gold mining activities. Exposure can also occur in other occupational settings or from mercury-containing wastes. However, air and water, depending on local mercury pollution load, can contribute significantly to the daily intake of total mercury.

Use of skin-lightening creams and soaps, and the presence of mercury in the home (e.g. broken thermometers) or in the working environment can result in substantial elevations of mercury exposure.

Q° 6. How can I reduce my exposure to mercury?

Among the various forms of mercury, methylmercury is the most toxic form. The general population is primarily exposed to methylmercury through the diet, with fish and fish products being the dominant source of methylmercury. Intakes of methylmercury from fish are dependent on fish consumption habits and the concentration of methylmercury in the fish consumed.

Large predatory fish, and mammals like seals and whales contain the highest average concentrations of methylmercury (see question 9).

RECOMMENDATIONS

Q° 7. Should I continue breastfeeding even if my result showed I had been exposed to mercury?

Yes. Although mercury can pass into breast milk, the amount of mercury in breast milk is not a problem under normal circumstances and health experts advise all breastfeeding women to continue to breastfeed for six months or more. The mother's diet appears to be the main source of mercury in breast milk. The primary danger from methylmercury in fish is to the developing nervous system of the unborn child, and mercury levels in breastfed babies usually decline significantly after 2-3 months.

Q° 8. Should I have my dental amalgams removed if I am pregnant or breastfeeding?

No. Women should avoid having dental amalgams removed while pregnant and breastfeeding. Replacement of amalgam fillings should also be postponed. Both of these interventions can generate an increase of mercury vapor, which can be transmitted from mother to developing fetus. If an intervention is necessary, the dentist should then take all precautions in order to minimize mercury vapor inhalation.

Q° 9. What is the kind and quantity of fish that I can eat safely?

The European Commission, based on a recommendation from the European Food Safety Authority (EFSA), advises:

“Women who might become pregnant, women who are pregnant or women who are breastfeeding should not eat more than one small portion (<100g) per week of large predatory fish, such as swordfish, shark, marlin and pike. If they eat this portion, they should not eat any other fish during this period. Also, they should not eat tuna more than twice per week. The advice also applies to young children.”

At national levels in the European Union, some Food Safety Authorities have issued recommendations that are more or less stringent than those of EFSA. They are adapted to the situation in each country.

Please consult your national food safety authority to know if there is any recommendation on fish consumption in your country. For the fish types mentioned above, we recommend that women who are pregnant or thinking of becoming pregnant, or breastfeeding follow the most stringent recommendation

Q° 10. If I am pregnant or breastfeeding, should I stop eating fish?

No. Pregnant women should continue to eat fish at least twice a week, varying the types of fish eaten and favoring less contaminated types of fish. Seafood is an important source of indispensable nutrients, and essential fatty acids are necessary for optimal neurological development of the fetus and young

children.

Q° 11. Are mercury thermometers at home a risk?

Yes. These types of thermometers contain elementary mercury which, if the thermometer breaks, can vaporize at the temperature of the surrounding air, and be inhaled and pass into the blood stream. Elemental mercury can also pass into the blood stream following skin contact. Very high exposures to mercury vapor can cause acute poisoning (see question 12).

Note, if a thermometer breaks in a child's mouth it is not an acute danger as the elemental mercury is absorbed very poorly from the gastrointestinal tract (digestive system).

There are safe alternatives to mercury thermometers (e.g. digital thermometers), and in some countries, the sale of mercury thermometers has already been banned. We urge you to replace your mercury thermometer before it breaks, and to give the mercury thermometer to a pharmacy or the appropriate hazardous waste facility near your home.

Q° 12. What should I do and not do with the mercury spill from a broken thermometer?

Immediately after the spill, all people, especially children, should be kept away from the spill area. In order to minimize mercury vapors, heaters and air conditioners should be turned off, and the area should be ventilated by opening windows as long as possible.

First of all, do not touch mercury with bare hands - you should wear gloves. **Never collect mercury spills with a vacuum cleaner.** All mercury beads should be collected with a carton and put in a sealed plastic bag. Once all beads of mercury are collected, put the material used for clean up into the bag, close it and label it as mercury waste before taking it to the pharmacy or to the appropriate hazardous waste facility near your home. On a carpet or a rug, the mercury-contaminated section should be cut out. In a sink of water, mercury will sink to the bottom and mercury should be recovered with eyedropper and placed in a bag.

Never collect mercury spills with a vacuum cleaner. The heat of the vacuum will vaporize the mercury into the air and increase exposure. If you have done so, take the vacuum bag in collection facilities for hazardous waste. Do not touch the mercury.

ANNEX 2. RAW DATA BY COUNTRY

TAJIKISTAN

QA/QC	THg		
	Expected	Average	Range
DOLT5	0.44 ± 0.044 ppm	0.456 ppm	(0.450, 0.466)
CE464	5.24 ± 0.524 ppm	5.315 ppm	(5.285, 5.366)
blank		0.000 ppm	(0.000, 0.000)
blank boat		0.000 ppm	(0.000, 0.000)

Lab ID	THg concentration [mg/kg]	Sample Weight [g]	Sample ID	Location of Residence
B6A90242	0.062	0.0060	TJK-1-Hair-01	Dushanbe City, Somoni District
B6A90243	0.057	0.0058	TJK-1-Hair-02	Dushanbe City, Somoni District
B6A90244	0.015	0.0047	TJK-1-Hair-03	Dushanbe City, Somoni District
B6A90245	0.028	0.0051	TJK-1-Hair-04	Dushanbe City, Somoni District
B6A90246	0.082	0.0068	TJK-1-Hair-05	Dushanbe City, Somoni District
B6A90247	0.068	0.0089	TJK-1-Hair-06	Dushanbe City, Somoni District
B6A90248	0.707	0.0100	TJK-1-Hair-07	Dushanbe City, Somoni District
B6A90249	0.042	0.0053	TJK-1-Hair-08	Dushanbe City, Somoni District
B6A90250	0.051	0.0052	TJK-1-Hair-09	Dushanbe City, Somoni District
B6A90251	0.038	0.0050	TJK-1-Hair-10	Dushanbe City, Somoni District

Lab ID	THg concentration [mg/kg]	Sample Weight [g]	Sample ID	Location of Residence
B6A90252	0.026	0.0050	TJK-1-Hair-11	Dushanbe City, Somoni District
B6A90253	0.039	0.0058	TJK-1-Hair-12	Dushanbe City, Somoni District
B6A90254	0.022	0.0060	TJK-1-Hair-13	Dushanbe City, Somoni District
B6A90255	0.025	0.0070	TJK-1-Hair-14	Dushanbe City, Somoni District
B6A90256	0.046	0.0085	TJK-1-Hair-15	Dushanbe City, Somoni District
B6A90257	0.039	0.0064	TJK-1-Hair-16	Dushanbe City, Somoni District
B6A90258	0.012	0.0075	TJK-1-Hair-17	Dushanbe City, Somoni District
B6A90259	0.033	0.0070	TJK-1-Hair-18	Dushanbe City, Somoni District
B6A90260	0.031	0.0051	TJK-1-Hair-19	Dushanbe City, Somoni District
B6A90261	0.039	0.0060	TJK-1-Hair-20	Dushanbe City, Somoni District
B6A90262	0.039	0.0083	TJK-1-Hair-21	Dushanbe City, Somoni District
B6A90263	0.118	0.0077	TJK-1-Hair-22	Dushanbe City, Somoni District
B6A90264	0.186	0.0064	TJK-1-Hair-23	Dushanbe City, Somoni District
B6A90265	0.043	0.0082	TJK-1-Hair-24	Dushanbe City, Somoni District
B6A90266	0.051	0.0103	TJK-1-Hair-25	Dushanbe City, Somoni District
B6A90267	0.029	0.0087	TJK-1-Hair-26	Dushanbe City, Somoni District
B6A90268	0.021	0.0078	TJK-1-Hair-27	Dushanbe City, Somoni District
B6A90269	0.035	0.0066	TJK-1-Hair-28	Dushanbe City, Somoni District
B6A90270	0.015	0.0076	TJK-1-Hair-29	Dushanbe City, Somoni District

Lab ID	THg concentration [mg/kg]	Sample Weight [g]	Sample ID	Location of Residence
B6A90271	0.037	0.0103	TJK-1-Hair-30	Dushanbe City, Somoni District
B6A90272	0.072	0.0077	TJK-1-Hair-31	Dushanbe City, Somoni District
Duplicates				
B6AR0260D	0.031	0.0068		
B6AR0248D	0.700	0.0071		

COOK ISLANDS LOCATION 1

QA/QC	THg		
	Expected	Average	Range
DOLT5	0.44 ± 0.18 ppm	0.439 ppm	(0.434, 0.446)
CE464	5.24 ± 0.10 ppm	5.205 ppm	(5.177, 5.239)
blank		0.000 ppm	(0.000, 0.002)
blank boat		0.000 ppm	(0.000, 0.000)

Lab ID	THg concentration [mg/kg]	Sample Weight [g]	Sample ID	Location of Residence
B66T0033	2.251	0.0107	COK-HAIR-01	Turangi
B66T0034	4.094	0.0095	COK-HAIR-02	Nikao
B66T0035	1.903	0.0108	COK-HAIR-03	Ngatangia
B66T0036	0.172	0.0060	COK-HAIR-04	Tupapa
B66T0037	4.711	0.0062	COK-HAIR-05	Avarua
B66T0038	3.369	0.0062	COK-HAIR-06	Avarua
B66T0039	3.776	0.0026	COK-HAIR-07	Turangi
B66T0040	2.978	0.0050	COK-HAIR-08	Avarua
B66T0041	4.950	0.0059	COK-HAIR-09	Ngatangia
B66T0042	2.808	0.0056	COK-HAIR-10	Avarua

Lab ID	THg concentration [mg/kg]	Sample Weight [g]	Sample ID	Location of Residence
B66T0043	4.664	0.0054	COK-HAIR-11	Avarua
B66T0044	4.799	0.0031	COK-HAIR-12	Avarua
B66T0045	4.134	0.0051	COK-HAIR-13	Avarua
B66T0046	3.628	0.0039	COK-HAIR-14	Takuvaine
B66T0047	6.221	0.0040	COK-HAIR-15	Avarua
B66T0048	6.965	0.0034	COK-HAIR-16	Avarua
B66T0049	4.328	0.0033	COK-HAIR-17	Avarua
B66T0050	3.555	0.0038	COK-HAIR-18	Avatiu
B66T0051	1.764	0.0048	COK-HAIR-19	Avarua
B66T0052	2.491	0.0053	COK-HAIR-20	Avarua
B66T0053	5.148	0.0046	COK-HAIR-21	Nikao
B66T0054	0.393	0.0047	COK-HAIR-22	Kavera
B66T0055	4.046	0.0051	COK-HAIR-23	Kavera
B66T0056	1.572	0.0052	COK-HAIR-24	Matavera
B66T0057	3.749	0.0031	COK-HAIR-25	Avarua
B66T0058	2.999	0.0048	COK-HAIR-26	Atupa
B66T0059	6.260	0.0042	COK-HAIR-27	Avarua
B66T0060	5.112	0.0053	COK-HAIR-28	Avarua
B66T0061	2.493	0.0057	COK-HAIR-29	Avarua
B66T0062	2.890	0.0032	COK-HAIR-30	Avarua
Duplicates				
B66T0052D	2.522	0.0045		
B66T0060D	5.017	0.0048		

COOK ISLANDS LOCATION 2

QA/QC	THg		
	Expected	Average	Range
DOLT5	0.44 ± 0.044 ppm	0.448 ppm	(0.433, 0.465)
CE464	5.24 ± 0.524 ppm	5.211 ppm	(5.183, 5.234)
blank		0.000 ppm	(0.000, 0.000)
blank boat		0.000 ppm	(0.000, 0.000)

Lab ID	THg concentration [mg/kg]	Sample Weight [g]	Sample ID	Date	Location of Residence
B6AR0526	1.140	0.0072	COK-HAIR-31	18/11/2016	Rarotonga, Cook Islands
B6AR0527	1.172	0.0063	COK-HAIR-32	18/11/2016	Rarotonga, Cook Islands
B6AR0528	7.208	0.0045	COK-HAIR-33	18/11/2016	Rarotonga, Cook Islands
B6AR0529	7.230	0.0045	COK-HAIR-34	18/11/2016	Rarotonga, Cook Islands
B6AR0530	8.311	0.0057	COK-HAIR-35	18/11/2016	Rarotonga, Cook Islands
B6AR0531	6.044	0.0064	COK-HAIR-36	18/11/2016	Rarotonga, Cook Islands
B6AR0532	1.217	0.0056	COK-HAIR-37	18/11/2016	Rarotonga, Cook Islands
B6AR0533	0.963	0.0069	COK-HAIR-38	18/11/2016	Rarotonga, Cook Islands
B6AR0534	2.169	0.0062	COK-HAIR-39	18/11/2016	Rarotonga, Cook Islands
B6AR0535	4.941	0.0074	COK-HAIR-40	18/11/2016	Rarotonga, Cook Islands
B6AR0536	3.247	0.0063	COK-HAIR-41	23/11/2016	Rarotonga, Cook Islands
B6AR0537	3.188	0.0063	COK-HAIR-42	23/11/2016	Rarotonga, Cook Islands

Lab ID	THg concentration [mg/kg]	Sample Weight [g]	Sample ID	Date	Location of Residence
B6AR0538	2.480	0.0053	COK-HAIR-43	23/11/2016	Rarotonga, Cook Islands
B6AR0539	1.196	0.0048	COK-HAIR-44	23/11/2016	Rarotonga, Cook Islands
B6AR0540	1.631	0.0048	COK-HAIR-45	23/11/2016	Rarotonga, Cook Islands
B6AR0541	1.610	0.0046	COK-HAIR-46	23/11/2016	Rarotonga, Cook Islands
B6AR0542	8.514	0.0056	COK-HAIR-47	23/11/2016	Rarotonga, Cook Islands
B6AR0543	2.614	0.0085	COK-HAIR-48	23/11/2016	Rarotonga, Cook Islands
B6AR0544	2.563	0.0062	COK-HAIR-49	23/11/2016	Rarotonga, Cook Islands
B6AR0545	3.913	0.0059	COK-HAIR-50	23/11/2016	Rarotonga, Cook Islands
B6AR0546	5.584	0.0070	COK-HAIR-51	23/11/2016	Rarotonga, Cook Islands
B6AR0547	2.849	0.0061	COK-HAIR-52	23/11/2016	Rarotonga, Cook Islands
B6AR0548	3.816	0.0046	COK-HAIR-53	23/11/2016	Rarotonga, Cook Islands
B6AR0549	5.016	0.0042	COK-HAIR-54	23/11/2016	Rarotonga, Cook Islands
B6AR0550	2.376	0.0056	COK-HAIR-55	23/11/2016	Rarotonga, Cook Islands
B6AR0551	3.807	0.0052	COK-HAIR-56	23/11/2016	Rarotonga, Cook Islands
B6AR0552	4.414	0.0054	COK-HAIR-57	23/11/2016	Rarotonga, Cook Islands
B6AR0553	4.746	0.0066	COK-HAIR-58	23/11/2016	Rarotonga, Cook Islands
B6AR0554	4.691	0.0058	COK-HAIR-59	23/11/2016	Rarotonga, Cook Islands
B6AR0555	1.437	0.0043	COK-HAIR-60	23/11/2016	Rarotonga, Cook Islands

Lab ID	THg concentration [mg/kg]	Sample Weight [g]	Sample ID	Date	Location of Residence
Duplicate					
B6AR0541D	1.571	0.0064			

KIRIBATI

QA/QC	THg		
	Expected	Average	Range
DOLT5	0.44 ± 0.033 ppm	0.437 ppm	(0.434, 0.441)
CE464	5.24 ± 0.393 ppm	5.219 ppm	(5.198, 5.229)
blank		0.000 ppm	(0.000, 0.000)
blank boat		0.000 ppm	(0.000, 0.000)

Lab ID	THg concentration [mg/kg]	Sample Weight [g]	Sample ID	Location of Residence
B69K0060	3.044	0.0050	KIR-Hair-01	Bi Kenibeu
B69K0061	3.634	0.0052	KIR-Hair-02	Betio, Kiribati
B69K0062	7.511	0.0073	KIR-Hair-03	Betio, Kiribati
B69K0063	2.805	0.0056	KIR-Hair-04	Betio, Kiribati
B69K0064	3.986	0.0072	KIR-Hair-05	Betio, Kiribati
B69K0065	2.544	0.0073	KIR-Hair-06	Betio, Kiribati
B69K0066	2.060	0.0044	KIR-Hair-07	Betio, Kiribati
B69K0067	2.441	0.0053	KIR-Hair-08	Betio, Kiribati
B69K0068	2.482	0.0061	KIR-Hair-09	Betio, Kiribati
B69K0069	2.890	0.0045	KIR-Hair-10	Betio, Kiribati
B69K0070	3.496	0.0065	KIR-Hair-11	Betio, Kiribati
B69K0071	3.636	0.0042	KIR-Hair-12	Betio, Kiribati
B69K0072	3.151	0.0065	KIR-Hair-13	Betio, Kiribati
B69K0073	4.071	0.0049	KIR-Hair-14	Betio, Kiribati
B69K0074	3.391	0.0032	KIR-Hair-15	Betio, Kiribati

Lab ID	THg concentration [mg/kg]	Sample Weight [g]	Sample ID	Location of Residence
B69K0075	3.049	0.0052	KIR-Hair-16	Betio, Kiribati
B69K0076	2.588	0.0066	KIR-Hair-17	Betio, Kiribati
B69K0077	1.771	0.0053	KIR-Hair-18	Betio, Kiribati
B69K0078	2.561	0.0043	KIR-Hair-19	Betio, Kiribati
B69K0079	3.491	0.0070	KIR-Hair-20	Betio, Kiribati
B69K0080	4.179	0.0056	KIR-Hair-21	Betio, Kiribati
B69K0081	3.495	0.0054	KIR-Hair-22	Betio, Kiribati
B69K0082	5.341	0.0063	KIR-Hair-23	Betio, Kiribati
B69K0083	5.291	0.0058	KIR-Hair-24	Betio, Kiribati
B69K0084	3.569	0.0044	KIR-Hair-25	Betio, Kiribati
B69K0085	2.414	0.0067	KIR-Hair-26	Betio, Kiribati
B69K0086	2.429	0.0061	KIR-Hair-27	Betio, Kiribati
B69K0087	2.025	0.0062	KIR-Hair-28	Betio, Kiribati
B69K0088	6.240	0.0050	KIR-Hair-29	Betio, Kiribati
B69K0089	3.226	0.0059	KIR-Hair-31	Betio, Kiribati
Duplicate				
B69K0080D	4.328	0.0078		

MARSHALL ISLANDS

QA/QC	THg		
	Expected	Average	Range
DOLT5	0.44 ± 0.033 ppm	0.435 ppm	(0.427, 0.438)
CE464	5.24 ± 0.393 ppm	5.212 ppm	(5.134, 5.293)
blank		0.000 ppm	(0.000, 0.000)
blank boat		0.000 ppm	(0.000, 0.000)

Lab ID	THg concentration [mg/kg]	Sample Weight [g]	Sample ID	Location of Residence
B68U0001	6.063	0.0043	MHL-Hair-01	Rita, MAJURO
B68U0002	2.183	0.0023	MHL-Hair-02	Delap, MAJURO
B68U0003	1.517	0.0041	MHL-Hair-03	Rita, MAJURO
B68U0004	1.610	0.0048	MHL-Hair-04	Rita, MAJURO
B68U0005	2.216	0.0032	MHL-Hair-05	Rita, MAJURO
B68U0006	1.763	0.0046	MHL-Hair-06	Uliga, MAJURO
B68U0007	3.587	0.0020	MHL-Hair-07	Small Island, MAJURO
B68U0008	3.486	0.0046	MHL-Hair-08	Rita, MAJURO
B68U0009	1.481	0.0048	MHL-Hair-09	Uliga, MAJURO
B68U0010	3.185	0.0049	MHL-Hair-10	Uliga, MAJURO
B68U0011	4.809	0.0048	MHL-Hair-11	Uliga, MAJURO
B68U0012	5.301	0.0038	MHL-Hair-12	Uliga, MAJURO
B68U0013	4.368	0.0040	MHL-Hair-13	Uliga, MAJURO
B68U0014	6.478	0.0056	MHL-Hair-14	Uliga, MAJURO
B68U0015	0.555	0.0500	MHL-Hair-15	Laura, MAJURO
B68U0016	7.091	0.0044	MHL-Hair-16	Laura, MAJURO
B68U0017	2.000	0.0048	MHL-Hair-17	Laura, MAJURO
B68U0018	2.475	0.0047	MHL-Hair-18	Laura, MAJURO
B68U0019	1.847	0.0053	MHL-Hair-19	Laura, MAJURO
B68U0020	3.162	0.0032	MHL-Hair-20	Laura, MAJURO
B68U0021	11.312	0.0033	MHL-Hair-21	Laura, MAJURO
B68U0022	3.339	0.0041	MHL-Hair-22	Laura, MAJURO
B68U0023	2.942	0.0044	MHL-Hair-23	Laura, MAJURO
B68U0024	2.024	0.0066	MHL-Hair-24	Laura, MAJURO

Lab ID	THg concentration [mg/kg]	Sample Weight [g]	Sample ID	Location of Residence
B68U0025	1.850	0.0040	MHL-Hair-25	Uliga, MAJURO
B68U0026	1.523	0.0054	MHL-Hair-26	Uliga, MAJURO
B68U0027	1.940	0.0055	MHL-Hair-27	Uliga, MAJURO
B68U0028	2.918	0.0052	MHL-Hair-28	Uliga, MAJURO
B68U0029	1.334	0.0045	MHL-Hair-29	Uliga, MAJURO
B68U0030	3.381	0.0048	MHL-Hair-30	Uliga, MAJURO

Duplicates

B68U0021D	11.153	0.0033		
B68U0022D	3.284	0.0048		

TUVALU

QA/QC	THg		
	Expected	Average	Range
DOLT5	0.44 ± 0.033 ppm	0.438 ppm	(0.430, 0.444)
CE464	5.24 ± 0.393 ppm	5.200 ppm	(5.103, 5.282)
blank		0.000 ppm	(0.000, 0.000)
blank boat		0.000 ppm	(0.000, 0.000)

Lab ID	THg concentration [mg/kg]	Sample Weight [g]	Sample ID	Location of Residence
B69K0001	1.787	0.0036	TUV-Hair-01	Tuvalu
B69K0002	1.507	0.0054	TUV-Hair-02	Tuvalu
B69K0003	2.525	0.0041	TUV-Hair-03	Tuvalu
B69K0004	1.879	0.0032	TUV-Hair-04	Tuvalu
B69K0005	2.408	0.0041	TUV-Hair-05	Tuvalu
B69K0006	1.893	0.0047	TUV-Hair-06	Tuvalu
B69K0007	1.292	0.0045	TUV-Hair-07	Tuvalu

Lab ID	THg concentration [mg/kg]	Sample Weight [g]	Sample ID	Location of Residence
B69K0008	1.012	0.0066	TUV-Hair-08	Tuvalu
B69K0009	2.037	0.0062	TUV-Hair-09	Tuvalu
B69K0010	2.492	0.0053	TUV-Hair-10	Tuvalu
B69K0011	2.886	0.0059	TUV-Hair-11	Tuvalu
B69K0012	1.643	0.0050	TUV-Hair-12	Tuvalu
B69K0013	1.957	0.0043	TUV-Hair-13	Tuvalu
B69K0014	2.720	0.0053	TUV-Hair-14	Tuvalu
B69K0015	2.575	0.0050	TUV-Hair-15	Tuvalu
B69K0016	2.738	0.0036	TUV-Hair-16	Tuvalu
B69K0017	0.764	0.0058	TUV-Hair-17	Tuvalu
B69K0018	1.673	0.0043	TUV-Hair-18	Tuvalu
B69K0019	2.347	0.0034	TUV-Hair-19	Tuvalu
B69K0020	1.452	0.0032	TUV-Hair-20	Tuvalu
B69K0021	3.406	0.0026	TUV-Hair-21	Tuvalu
B69K0022	2.250	0.0049	TUV-Hair-22	Tuvalu
B69K0023	1.431	0.0060	TUV-Hair-23	Tuvalu
B69K0024	2.398	0.0050	TUV-Hair-24	Tuvalu
B69K0025	0.530	0.0067	TUV-Hair-25	Tuvalu
B69K0026	2.102	0.0043	TUV-Hair-26	Tuvalu
B69K0027	2.706	0.0027	TUV-Hair-27	Tuvalu
B69K0028	2.113	0.0052	TUV-Hair-28	Tuvalu
B69K0029	1.900	0.0049	TUV-Hair-29	Tuvalu
B69K0030	1.567	0.0037	TUV-Hair-30	Tuvalu
Duplicate				
B69K0021D	3.197	0.0043		

NEPAL LOCATION 1

QA/QC	THg		
	Expected	Average	Range
DOLT5	0.44 ± 0.18 ppm	0.429 ppm	(0.426, 0.430)
BCR463	2.85 ± 0.16 ppm	2.767 ppm	(2.746, 2.780)
blank		0.000 ppm	(0.000, 0.000)
blank boat		0.000 ppm	(0.000, 0.000)

Lab ID	THg concentration [mg/kg]	Sample Weight [g]	Sample ID	Location of Residence
B64P0001	0.631	0.0074	NPL-1-Hair-01	Lekhanath Municipality Ward No. 9, Piple
B64P0002	0.650	0.0046	NPL-1-Hair-02	Lekhanath Municipality Ward No. 9, Piple
B64P0003	1.053	0.0057	NPL-1-Hair-03	Lekhanath Municipality Ward No. 9, Piple
B64P0004	0.537	0.0050	NPL-1-Hair-04	Lekhanath Municipality Ward No. 9, Piple
B64P0005	0.952	0.0049	NPL-1-Hair-05	Lekhanath Municipality Ward No. 9, Piple
B64P0006	0.829	0.0037	NPL-1-Hair-06	Lekhanath Municipality Ward No. 9, Piple
B64P0007	0.775	0.0050	NPL-1-Hair-07	Lekhanath Municipality Ward No. 9, Piple
B64P0008	0.470	0.0067	NPL-1-Hair-08	Lekhanath Municipality Ward No. 9, Piple
B64P0009	0.540	0.0061	NPL-1-Hair-09	Lekhanath Municipality Ward No. 9, Piple
B64P0010	0.540	0.0084	NPL-1-Hair-10	Lekhanath Municipality Ward No. 9, Piple
B64P0011	0.414	0.0079	NPL-1-Hair-11	Lekhanath Municipality Ward No. 9, Piple
B64P0012	0.886	0.0079	NPL-1-Hair-12	Lekhanath Municipality Ward No. 9, Piple
B64P0013	0.630	0.0059	NPL-1-Hair-13	Lekhanath Municipality Ward No. 9, Piple

Lab ID	THg concentration [mg/kg]	Sample Weight [g]	Sample ID	Location of Residence
B64P0014	0.627	0.0074	NPL-1-Hair-14	Lekhanath Municipality Ward No. 9, Piple
B64P0015	0.448	0.0080	NPL-1-Hair-15	Lekhanath Municipality Ward No. 9, Piple
B64P0016	0.224	0.0089	NPL-1-Hair-16	Lekhanath Municipality Ward No. 9, Piple
B64P0017	0.541	0.0075	NPL-1-Hair-17	Lekhanath Municipality Ward No. 9, Piple
B64P0018	0.712	0.0078	NPL-1-Hair-18	Lekhanath Municipality Ward No. 9, Piple
B64P0019	0.730	0.0055	NPL-1-Hair-19	Lekhanath Municipality Ward No. 9, Piple
B64P0020	1.183	0.0066	NPL-1-Hair-20	Lekhanath Municipality Ward No. 9, Piple
B64P0021	0.531	0.0075	NPL-1-Hair-21	Lekhanath Municipality Ward No. 9, Piple
B64P0022	0.288	0.0077	NPL-1-Hair-22	Lekhanath Municipality Ward No. 9, Piple
B64P0023	0.834	0.0062	NPL-1-Hair-23	Lekhanath Municipality Ward No. 9, Piple
B64P0024	0.490	0.0072	NPL-1-Hair-24	Lekhanath Municipality Ward No. 9, Piple
B64P0026	0.812	0.0072	NPL-1-Hair-26	Lekhanath Municipality Ward No. 9, Piple
B64P0027	0.700	0.0076	NPL-1-Hair-27	Lekhanath Municipality Ward No. 11, Majhikuna
B64P0028	1.082	0.0080	NPL-1-Hair-28	Lekhanath Municipality Ward No. 11, Majhikuna
B64P0029	0.983	0.0081	NPL-1-Hair-29	Lekhanath Municipality Ward No. 11, Majhikuna
B64P0030	0.845	0.0080	NPL-1-Hair-30	Lekhanath Municipality Ward No. 11, Majhikuna
B64P0031	0.861	0.0067	NPL-1-Hair-31	Lekhanath Municipality Ward No. 9, Piple
B64P0032	0.362	0.0078	NPL-1-Hair-32	Lekhanath Municipality Ward No. 9, Piple
B64P0033	0.730	0.0077	NPL-1-Hair-33	Lekhanath Municipality Ward No. 9, Piple

Lab ID	THg concentration [mg/kg]	Sample Weight [g]	Sample ID	Location of Residence
B64P0034	0.216	0.0034	NPL-2-Hair-34	KMC 34, Aloknagar Marg, Katmandu
Duplicate				
B64P0019D	0.732	0.0049		

NEPAL LOCATION 2

Lab ID	THg concentration [mg/kg]	Sample Weight [g]	Sample ID	Date	Location of Residence
B6CL0010	1.1591	0.0076	NPL-02-HAIR-10	3/12/2016	Nagbahal, Lalitpur
B6CL0011	0.658	0.0092	NPL-02-HAIR-11	3/12/2016	Nagbahal, Lalitpur
B6CL0012	0.6288	0.0058	NPL-02-HAIR-12	3/12/2016	Nagbahal, Lalitpur
B6CL0013	0.4023	0.0106	NPL-02-HAIR-13	3/12/2016	Nagbahal, Lalitpur
B6CL0014	1.6652	0.0062	NPL-02-HAIR-14	3/12/2016	Nagbahal, Lalitpur
B6CL0015	2.0758	0.0066	NPL-02-HAIR-15	6/12/2016	Sundhara, Lalitpur
B6CL0016	1.4392	0.0062	NPL-02-HAIR-16	6/12/2016	Sundhara, Lalitpur
B6CL0018	2.3114	0.0052	NPL-02-HAIR-18	9/12/2016	Imadol-VDCs
B6CL0019	4.6619	0.0078	NPL-02-HAIR-19	9/12/2016	Imadol-VDCs
B6CL0020	2.3134	0.0065	NPL-02-HAIR-20	9/12/2016	Imadol-VDCs
B6CL0021	3.9641	0.0062	NPL-02-HAIR-21	9/12/2016	Imadol-VDCs
B6CL0022	5.7322	0.0083	NPL-02-HAIR-22	11/12/2016	Shanku, Patan
B6CL0023	40.1569	0.0096	NPL-02-HAIR-23	11/12/2016	Shanku, Patan
B6CL0024	2.7617	0.0084	NPL-02-HAIR-24	11/12/2016	Shanku, Patan
B6CL0025	0.8126	0.007	NPL-02-HAIR-25	11/12/2016	Sundhara, Lalitpur

Lab ID	THg concentration [mg/kg]	Sample Weight [g]	Sample ID	Date	Location of Residence
B6CL0026	1.7208	0.007	NPL-02-HAIR-26	11/12/2016	Sundhara, Lalitpur
B6CL0027	0.5108	0.0118	NPL-02-HAIR-27	11/12/2016	Sundhara, Lalitpur
B6CL0028	3.5304	0.0101	NPL-02-HAIR-28	12/12/2016	Chayasal (diversion road)
B6CL0029	10.242	0.0104	NPL-02-HAIR-29	12/12/2016	Imadol, Bahundhara
B6CL0030	2.8289	0.0075	NPL-02-HAIR-30	12/12/2016	Imadol, Bahundhara

ANNEX 3. QUESTIONNAIRE RESULTS BY COUNTRY

Results begin on the next page.

TAJIKISTAN (PART A)

1	2	3	4	5	6a	6b	6c	7	8a	8b	9	10	11
Date	Code/ID	Country	Gender	Age	Wishes to be contacted	E-mail	Other contact	Do you eat fish?	Fish 1	Fish 2	Frequency fish 1	Frequency fish 2	Fish meals per week
08-OCT-2016	TJK†-HAIR-01	Tajikistan	F	28	Y		Y	Y	Podust	Marinka			
08-OCT-2016	TJK†-HAIR-02	Tajikistan	F	39	Y		Y	Y	Trout	Marinka			
08-OCT-2016	TJK†-HAIR-03	Tajikistan	F	20	Y		Y	Y	Trout				
08-OCT-2016	TJK†-HAIR-04	Tajikistan	F	34	N		N	N					
08-OCT-2016	TJK†-HAIR-05	Tajikistan	F	29	Y		Y	Y	Marinka				
08-OCT-2016	TJK†-HAIR-06	Tajikistan	F	30	Y		Y	Y	Pollack	Hale			
08-OCT-2016	TJK†-HAIR-07	Tajikistan	F	21	N		N	N					
08-OCT-2016	TJK†-HAIR-08	Tajikistan	F	21	Y		Y	Y	Catfish	Marinka	1	1	
08-OCT-2016	TJK†-HAIR-09	Tajikistan	F	35	Y		Y	Y	Trout	Catfish	1	1	
08-OCT-2016	TJK†-HAIR-10	Tajikistan	F	18	N		N	N					
08-OCT-2016	TJK†-HAIR-11	Tajikistan	F	29	Y		Y	Y	Trout	Marinka			
08-OCT-2016	TJK†-HAIR-12	Tajikistan	F	34	N		N	N					
08-OCT-2016	TJK†-HAIR-13	Tajikistan	F	28	Y		Y	Y	Pollack	Hale			
08-OCT-2016	TJK†-HAIR-14	Tajikistan	F	35	Y		Y	Y	Hale	Pollack			
08-OCT-2016	TJK†-HAIR-15	Tajikistan	F	45	Y		Y	Y	Pollack				

1	2	3	4	5	6a	6b	6c	7	8a	8b	9	10	11
Date	Code/ID	Country	Gender	Age	Wishes to be contacted	E-mail	Other contact	Do you eat fish?	Fish 1	Fish 2	Frequency fish 1	Frequency fish 2	Fish meals per week
08-OCT-2016	TJK-1-HAIR-16	Tajikistan	F	40	Y			Y	Pollack	Hale			
08-OCT-2016	TJK-1-HAIR-17	Tajikistan	F	39	Y			Y	Pollack	Hale			
08-OCT-2016	TJK-1-HAIR-18	Tajikistan	F	40	Y			Y	Trout	Pollack			
08-OCT-2016	TJK-1-HAIR-19	Tajikistan	F	27	Y			Y	Trout	Pollack			
08-OCT-2016	TJK-1-HAIR-20	Tajikistan	F	23	Y			Y	Pollack	Hale			
08-OCT-2016	TJK-1-HAIR-21	Tajikistan	F	19	Y			Y	Pollack	Trout			
08-OCT-2016	TJK-1-HAIR-22	Tajikistan	F	39	Y			Y	Trout	Marinka			
08-OCT-2016	TJK-1-HAIR-23	Tajikistan	F	31	N		N						
08-OCT-2016	TJK-1-HAIR-24	Tajikistan	F	39	Y			Y	Pollack	Hale	1		1
08-OCT-2016	TJK-1-HAIR-25	Tajikistan	F	33	N		N						
08-OCT-2016	TJK-1-HAIR-26	Tajikistan	F	21	N		N						
08-OCT-2016	TJK-1-HAIR-27	Tajikistan	F	26	Y			Y	Trout		1		
08-OCT-2016	TJK-1-HAIR-28	Tajikistan	F	27	Y			Y	Perch		1		1
08-OCT-2016	TJK-1-HAIR-29	Tajikistan	F	28	Y			Y	Pollack		1		1
08-OCT-2016	TJK-1-HAIR-30	Tajikistan	F	25	Y			Y	Pollack				
08-OCT-2016	TJK-1-HAIR-31	Tajikistan	F	41	Y			Y	Pollack	Carp	1		1

TAJIKISTAN (PART B)

Code/ID	12a	12b	13a	14a	14b	15	16	17	18a	18b	19a	19b	20
	Nr. fish meals in last 2weeks	Avg amount last 2weeks	Species last 2weeks	Avoid fish	comments	Change behaviour after survey	Occupation	Occupational mercury exposure	Aware of types of exposure	Aware - specify	Source nearby	Source type	Database consent
TJK-1-HAIR-01	Y	200gr		N			Health worker	N	N		Y	Thermal power station (TPS), Cement factory (CF)	Y
TJK-1-HAIR-02	N			N		Y	Nurse	N	N		Y	TPS, CF	Y
TJK-1-HAIR-03	N			N			Student	N	N		Y	TPS, CF	Y
TJK-1-HAIR-04							A housewife	N	N		Y	TPS, CF	Y
TJK-1-HAIR-05							Student	N	N		Y	TPS, CF	Y
TJK-1-HAIR-06	Y	200gr	Marinka			Y	Family doctor	N	N		Y	TPS, CF	Y
TJK-1-HAIR-07							Nurse	N	N		Y	TPS, CF	Y
TJK-1-HAIR-08				N			Student	N	N		Y	TPS, CF	Y
TJK-1-HAIR-09							Teacher	N	N		Y	TPS, CF	Y
TJK-1-HAIR-10							Student	N	N		Y	TPS, CF	Y
TJK-1-HAIR-11	N						A housewife	N	N		Y	TPS, CF	Y
TJK-1-HAIR-12							A housewife	N	N		Y	TPS, CF	Y
TJK-1-HAIR-13	N			N			A housewife	N	N		Y	TPS, CF	Y

Code/ID	12a	12b	13a	14a	14b	15	16	17	18a	18b	19a	19b	20
	Nr. fish meals in last 2weeks	Avg amount last 2weeks	Species last 2weeks	Avoid fish	comments	Change behaviour after survey	Occupation	Occupational mercury exposure	Aware of types of exposure	Aware - specify	Source nearby	Source type	Database consent
TJK-1-HAIR-14	Y	1kg	Hake, Pollack	N		Y	Nurse	N	N		Y	TPS, CF	Y
TJK-1-HAIR-15	Y		Pollack				Health worker	N	N		Y	TPS, CF	Y
TJK-1-HAIR-16	Y	200gr	Pollack				Nurse	N	N		Y	TPS, CF	Y
TJK-1-HAIR-17	N						Cleaning woman	N	N		Y	TPS, CF	Y
TJK-1-HAIR-18	N						Maid	N	N		Y	TPS, CF	Y
TJK-1-HAIR-19	N						A housewife	N	N		Y	TPS, CF	Y
TJK-1-HAIR-20	N			N			Teacher	N	N		Y	TPS, CF	Y
TJK-1-HAIR-21	N						A housewife	N	N		Y	TPS, CF	Y
TJK-1-HAIR-22	Y	300gr	Trout				A housewife	N	N		Y	TPS, CF	Y
TJK-1-HAIR-23	N			N			Cook	N	N		Y	TPS, CF	Y
TJK-1-HAIR-24	Y	300gr	Trout				A housewife	N	N		Y	TPS, CF	Y
TJK-1-HAIR-25				N		Y	Nurse	Y	Y		Y	TPS, CF	Y
TJK-1-HAIR-26							Student	N	N		Y	TPS, CF	Y
TJK-1-HAIR-27	Y		Trout	N		Y	A housewife	N	N		Y	TPS, CF	Y
TJK-1-HAIR-28	Y	300gr	Perch				A housewife	N	N		Y	TPS, CF	Y
TJK-1-HAIR-29	N			N		Y	A housewife	N	N		Y	TPS, CF	Y
TJK-1-HAIR-30	N			N			A housewife	N	N		Y	TPS, CF	Y

Code/ID	12a	12b	13a	14a	14b	15	16	17	18a	18b	19a	19b	20	
	Nr. fish meals in last 2weeks	Avg amount last 2weeks	Species last 2weeks	Avoid fish	comments	Occupation Change behaviour after survey	Occupation	Do you eat fish?	Occupational mercury exposure	Aware of types of exposure	Aware - specify	Source nearby	Source type	Database consent
TJK-1-HAIR-31	N		N	N	N	Medical worker	N	N	N	N	Y	TPS, CF	Y	

COOK ISLANDS LOCATION 1 (PART A)

Code/ID	1	2	3	4	5	6a	6b	6c	7	8a	8b	9	10
	Date	Country	Gender	Age	E-mail	Wishes to be contacted	Other contact	Fish 1	Fish 2	Fish 1	Fish 2	Frequency fish 1 (per week)	Frequency fish 2 (per week)
COK-HAIR-01	#####	Cook Islands	F	42	Y			Tuna	Salmon	Tuna	Salmon	2 to 3	1 or less
COK-HAIR-02	#####	Cook Islands	F	35	Y			Albacore tuna	Marlin	Albacore tuna	Marlin	6 to 7	1
COK-HAIR-03	#####	Cook Islands	F	37	Y			Yellowfin tuna	Parrot fish	Yellowfin tuna	Parrot fish	2	1 or less
COK-HAIR-04	#####	Cook Islands	F	33	Y								
COK-HAIR-05	#####	Cook Islands	F	23	Y			Tuna	Broadbill	Tuna	Broadbill	3 or more	1 or more
COK-HAIR-06	#####	Cook Islands	F	32	Y			Tuna	Marlin	Tuna	Marlin	2	2
COK-HAIR-07	#####	Cook Islands	F		Y			Yellowfin tuna	Parrot fish	Yellowfin tuna	Parrot fish	0.25	0.25
COK-HAIR-08	#####	Cook Islands	F		Y			Tuna	Parrot fish	Tuna	Parrot fish	1 to 2	1
COK-HAIR-09	#####	Cook Islands	F	37	Y			Yellowfin tuna	Marlin	Yellowfin tuna	Marlin	2	0.5
COK-HAIR-10	#####	Cook Islands	F	32	Y			Parrot fish	Tuna	Parrot fish	Tuna	1	2

1	2	3	4	5	6a	6b	6c	7	8a	8b	9	10
Code/ID	Date	Country	Gender	Age	Wishes to be contacted	E-mail	Other contact	Do you eat fish?	Fish 1	Fish 2	Frequency fish 1 (per week)	Frequency fish 2 (per week)
COV-HAIR-11	#####	Cook Islands	F	23				Y	Tuna	Marlin	1	1
COV-HAIR-12	#####	Cook Islands	F	35	Y			Y	Mahimahi	Tuna	2	1
COV-HAIR-13	#####	Cook Islands	F	33	Y			Y	Tuna	Mahimahi	2	0.25
COV-HAIR-14	#####	Cook Islands	F	20	Y			Y	Tuna	Parrot fish	0.5	0.25
COV-HAIR-15	#####	Cook Islands	F	25	Y			Y	Tuna	Ume	1 to 3	1 to 2
COV-HAIR-16	#####	Cook Islands	F	33	Y				Ume	Tuna	1	1 to 2
COV-HAIR-17	#####	Cook Islands	F	37	Y			Y	Tuna	Ume	2 to 3	1
COV-HAIR-18	#####	Cook Islands	F	32				Y	Tuna	Salmon	6 to 7	1 to 2
COV-HAIR-19	#####	Cook Islands	F	41	Y			Y	Yelloffin tuna	Mahimahi	3	2
COV-HAIR-20	#####	Cook Islands	F	20	Y			Y	Tuna	Marlin	1	1
COV-HAIR-21	#####	Cook Islands	F					Y	Albacore tuna	Mahimahi	2 to 3	1
COV-HAIR-22	#####	Cook Islands	F	34				Y	Marlin	Big Eye Tuna	1	1
COV-HAIR-23	#####	Cook Islands	F	34	Y			Y	Tuna	Maroro	1 to 2	1
COV-HAIR-24	#####	Cook Islands	F	36	Y			Y	Tuna	Parrot fish	1	1
COV-HAIR-25	#####	Cook Islands	F	32	Y			Y	Yelloffin tuna	Parrot fish	1	1
COV-HAIR-26	#####	Cook Islands	F	35	Y			Y	Yelloffin tuna	Albacore tuna	2 to 3	2 to 3

1	2	3	4	5	6a	6c	7	8a	8b	9	10
Code/ID	Date	Country	Gender	Age	Wishes to be contacted	Other contact	Do you eat fish?	Fish 1	Fish 2	Frequency fish 1 (per week)	Frequency fish 2 (per week)
COV-HAIR-27	#####	Cook Islands	F	27	N		Y	Tuna	Wahoo	3	1
COV-HAIR-28	#####	Cook Islands	F	26	Y		Y	Tuna	Salmon	2 to 3	1
COV-HAIR-29	#####	Cook Islands	F	20	Y		Y	Parrot fish	Tuna	7	1
COV-HAIR-30	#####	Cook Islands	F	28	Y		Y	Yellowfin tuna	Mahimahi	4 to 5	1

COOK ISLANDS LOCATION 1 (PART B)

Code/ID	11	12a	12b	13a	14a	14b	15	16	17	18a	18b	19a	19b	20
	Fish meals per week	Nr. fish meals in last 2weeks	Avg amount last 2weeks	Species last 2weeks	Avoid fish	comments	Change behaviour after survey	Occupation	Occupational mercury exposure	Aware of types of exposure	Aware specify	Source nearby	Source type	Database consent
COK-HAIR-01	2-Mar	N			Y		Y	Office work	N	N		N		Y
COK-HAIR-02	6 to 7	Y	1 per day	Albacore tuna	N		Y	Office work	N	N		N		Y
COK-HAIR-03	2 to 3	Y	2-3 meals	Yellowfin tuna	N		Y	Office work	N	N		N		Y
COK-HAIR-04		N			N		Y	Office work	N	N		N		Y
COK-HAIR-05	5 meals	Y	8 meas	Tuna	N		Y	Office work	N	N		N		Y
COK-HAIR-06	3 to 4	Y	6 meals 120g each	Tuna, Marlin	N		Y	Office work	N	N		N		Y
COK-HAIR-07	0.25	Y	1 meal 120g	Parrot fish	Y		Already took measures	Office work	N	Y		N		Y
COK-HAIR-08	2	Y	3 meals 120g each	Tuna, Parrot fish	N		Y	Manager	Don't know			Maybe	DIESEL-POWER ELECTRICITY GENERATING STATION	Y
COK-HAIR-09	2	Y	3 meals 150g each	Yellowfin tuna	N		N	Office work	No/Don't know	N		N		Y
COK-HAIR-10	1	Y	2 meals 120g each	Parrot fish, Tuna	N		Y	Office work	N	N		Don't know	Shipping port	Y
COK-HAIR-11	2	Y	1 meal 200g	Tuna	N		Y	Office work	N	N		N		Y
COK-HAIR-12	2	Y	1 meal 500g	Mahimahi	N		Y	Office work	N	N		N		Y
COK-HAIR-13	2	N	0		Y		Y	Office work	N	N		N		Y
COK-HAIR-14	1	Y	3 slices 120+150g	Tuna	Y		Already took measures	Office work	N	N		N		Y

Code/ID	11	12a	12b	13a	14a	14b	15	16	17	18a	18b	19a	19b	20
	Fish meals per week	Nr. fish meals in last 2weeks	Avg amount last 2weeks	Species last 2weeks	Avoid fish	comments	Change behaviour after survey	Occupation	Occupational mercury exposure	Aware of types of exposure	Aware specify	Source nearby	Source type	Database consent
COK-HAIR-15	1 to 3	Y	120-150g	Tuna, Parrot fish	N		Y	Office work	N	N		Don't know		Y
COK-HAIR-16	1 to 2	Y	3 meals 120-150g each	Yellowfin tuna	Y		Y	Office work	N	N		N		Y
COK-HAIR-17	2 to 3	Y	5 meals 20g each	Marlin, Tuna, mackerel, wahioo	N		Y	Office work	Don't know	N		N		Y
COK-HAIR-18	1 to 2	Y	3 meals 120-150g each	Tuna, Ume	N		Y	Office work	Not sure			N		Y
COK-HAIR-19	5	Y	10 meals 120-150g	Yellowfin tuna, Snapper imported from NZ	N		Y	Office work	N	Y		N		Y
COK-HAIR-20	1 to 2	Y	1 meal 120-150g	Tuna	N		Y	Office work	N	N		N		Y
COK-HAIR-21	2 to 3	Y	2 meals 120-150g eCH	Albacore tuna	N		Y	Office work	N	N		N		Y
COK-HAIR-22	1	Y	1 meal 120-150g	Parrot fish	Y		N	Office work	N	N		N		Y
COK-HAIR-23	2 to 3	Y	1 meal 120-150g	Tuna	N		Y	Office work	N	N		N		Y
COK-HAIR-24	1	N			N		Y	Office work	N	N		N		Y
COK-HAIR-25	1	Y	2 meals 120-150g each	Parrot fish, Mackerel	N		Y	Office work	N	N		N		Y

Code/ID	11	12a	12b	13a	14a	14b	15	16	17	18a	18b	19a	19b	20
	Fish meals per week	Nr. fish meals in last 2weeks	Avg amount last 2weeks	Species last 2weeks	Avoid fish	comments	Change behaviour after survey	Occupation	Occupational mercury exposure	Aware of types of exposure	Aware specify	Source nearby	Source type	Database consent
COK-HAIR-26	4 to 5	Y	8 meals 120-150g each	Yellowfin tuna, Sea urchin	N		Y	Office work	N	N	N	N		Y
COK-HAIR-27	1	Y	1 meal 120-150g	Tuna	N		Y	Office work	N	N	N	N		Y
COK-HAIR-28	2 to 3	Y	4 meals 120-150g each	Tuna	N		Y	Office work	N	N	N	N		Y
COK-HAIR-29	6 to 7	Y	14 meals 120-150g	Tuna	N		Y	Office work	N	N	N	N		Y
COK-HAIR-30	4 to 5	Y	4 to 5 meals 120-150g each	Yellowfin Tuna	N		Y	Office work	N	N	N	N		Y

COOK ISLAND LOCATION 2 (PART A)

1	2	3	4	5	6a	6b	6c	7	8a	8b	9	10
Code/ID	Date	Country	Gender	Age	Wishes to be contacted	E-mail	Other contact	Do you eat fish?	Fish 1	Fish 2	Frequency fish 1 (per week)	Frequency fish 2 (per week)
COK-HAIR-31	#####	Cook Islands	F	26	Y			Y	Ume toro - Naso unicornis - BLUES-PINE UNICORNFISH	Pakati - Chlorurus sordidus - DAISY PARROTFISH	2 to 3	2 to 3
COK-HAIR-32	#####	Cook Islands	F	42				Y	Salmon	Albacore Tuna	2 to 3	1
COK-HAIR-33	#####	Cook Islands	F	43	Y			Y	Maroro - Cypselurus paeciopterus - YELLOW-WING FLYING FISH	Ku - Myripristis berndtii - BLOTCHYE SOLDIERFISH	4 to 5	2 to 3
COK-HAIR-34	#####	Cook Islands	F	38				Y	Ku - Myripristis berndtii - BLOTCH-EYE SOLDIERFISH	A'ai - Thunnus albacares - YEL-LOWFIN TUNA	2 to 3	2 to 3
COK-HAIR-35	#####	Cook Islands	F	35	Y			Y	Manga - Sphyræna barracuda - GREAT BARRACUDA	A'ai - Thunnus albacares - YEL-LOWFIN TUNA	2 to 3	2 to 3
COK-HAIR-36	#####	Cook Islands	F	29	Y			Y	Pakati - Chlorurus sordidus - DAISY PARROTFISH	A'ai - Thunnus albacares - YEL-LOWFIN TUNA	1	2 to 3
COK-HAIR-37	#####	Cook Islands	F	36	Y			Y	Pakati - Chlorurus sordidus - DAISY PARROTFISH	To'eve'e - Thunnus alalunga - ALBACORE TUNA	1	1
COK-HAIR-38	#####	Cook Islands	F	28	Y			Y	Ku - Myripristis berndtii - BLOTCH-EYE SOLDIERFISH	Pakati - Chlorurus sordidus - DAISY PARROTFISH	2 to 3	2 to 3
COK-HAIR-39	#####	Cook Islands	F	28	Y			Y	To'eve'e - Thunnus alalunga - ALBACORE TUNA	Pakati - Chlorurus sordidus - DAISY PARROTFISH	2 to 3	2 to 3
COK-HAIR-40	#####	Cook Islands	F	36	Y			Y	A'ai - Thunnus albacares - YELLOWFIN TUNA	Ku - Myripristis berndtii - BLOTCHYE SOLDIERFISH	2 to 3	2 to 3

1	2	3	4	5	6a	6b	6c	7	8a	8b	9	10
Code/ID	Date	Country	Gender	Age	Wishes to be contacted	E-mail	Other contact	Do you eat fish?	Fish 1	Fish 2	Frequency fish 1 (per week)	Frequency fish 2 (per week)
COK-HAIR-41	#####	Cook Islands	F	26	Y			Y	Ma'ima'i - Coryphaena hippurus - COMMON DOLPHINFISH	Manga - Sphyræna barracuda - GREAT BARRACUDA	2 to 3	2 to 3
COK-HAIR-42	#####	Cook Islands	F	43	Y			Y	A'ai - Thunnus albacares - YELLOWFIN TUNA	To'evere - Thunnus alalunga - ALBACORE TUNA	2 to 3	2 to 3
COK-HAIR-43	#####	Cook Islands	F	26	Y			Y	Pakati - Chlorurus sordidus - DAISY PARROTFISH	To'evere - Thunnus alalunga - ALBACORE TUNA	1	1
COK-HAIR-44	#####	Cook Islands	F	27	Y			Y	Ku - Myripristis berndtii - BLOTCHYE SOLDIERFISH		1	
COK-HAIR-45	#####	Cook Islands	F	26	Y			Y	Pakati - Chlorurus sordidus - DAISY PARROTFISH	To'evere - Thunnus alalunga - ALBACORE TUNA	2 to 3	2 to 3
COK-HAIR-46	#####	Cook Islands	F	36	Y			Y	Pipi - Kyphosus cinerascens - BLUE SEA CHUB	To'evere - Thunnus alalunga - ALBACORE TUNA	1	2 to 3
COK-HAIR-47	#####	Cook Islands	F	22	Y			Y	Pakati - Chlorurus sordidus - DAISY PARROTFISH	To'evere - Thunnus alalunga - ALBACORE TUNA	2 to 3	2 to 3
COK-HAIR-48	#####	Cook Islands	F	21	Y			Y	Paara - Acanthocybium solandri - WAHOO	Akura - Xiaphias gladius - SWORD-FISH/BROADBILL	2 to 3	2 to 3
COK-HAIR-49	#####	Cook Islands	F	49	Y			Y	To'evere - Thunnus alalunga - ALBA-CORE TUNA.	Akura - Xiaphias gladius - SWORD-FISH/BROADBILL	2 to 3	1
COK-HAIR-50	#####	Cook Islands	F	39	Y			Y	To'evere - Thunnus alalunga - ALBA-CORE TUNA.	Ature - Selar crumenophthalmus - BIGEYE SCAD	1	1

1	2	3	4	5	6a	6b	6c	7	8a	8b	9	10
Code/ID	Date	Country	Gender	Age	Wishes to be contacted	E-mail	Other contact	Do you eat fish?	Fish 1	Fish 2	Frequency fish 1 (per week)	Frequency fish 2 (per week)
COK-HAIR-51	#####	Cook Islands	F	32	Y			Y	To'evere - Thunnus alalunga - ALBA-CORE TUNA.	Akura - Xiaphias gladius - SWORD-FISH/BROADBILL	4 to 5	4 to 5
COK-HAIR-52	#####	Cook Islands	F	24	Y			Y	A'ai - Thunnus albacares - YELLOWFIN TUNA	Ma'ima'i - Coryphaena hippurus - COMMON DOLPHINFISH	2 to 3	1
COK-HAIR-53	#####	Cook Islands	F	42				Y	A'ai - Thunnus albacares - YELLOWFIN TUNA	Maroro - Cypselurus poeciopterus - YELLOW-WING FLYING FISH	2 to 3	1
COK-HAIR-54	#####	Cook Islands	F	42	Y			Y	Pipi - Kyphosus cinerascens - BLUE SEA CHUB	Akura - Xiaphias gladius - SWORD-FISH/BROADBILL	2	1
COK-HAIR-55	#####	Cook Islands	F	25	Y			Y	A'ai - Thunnus albacares - YELLOWFIN TUNA	Tangau - Lutjanus gibbus - HUMP-BACK RED SNAPPER	2 to 3	4
COK-HAIR-56	#####	Cook Islands	F	44				Y	A'ai - Thunnus albacares - YELLOWFIN TUNA	Paikati - Chlorurus sordidus - DAISY PARROTFISH	2 to 3	2 to 3
COK-HAIR-57	#####	Cook Islands	F	18	Y			Y	Pipi - Kyphosus cinerascens - BLUE SEA CHUB	Maroro - Cypselurus poeciopterus - YELLOW-WING FLYING FISH	6 to 7	2 to 3
COK-HAIR-58	#####	Cook Islands	F	28	Y			Y	Paoa - Caranxoides orthogrammus - ISLAND TREVALLY	To'evere - Thunnus alalunga - ALBACORE TUNA	2 to 3	4 to 5
COK-HAIR-59	#####	Cook Islands	F	35	Y			Y	To'evere - Thunnus alalunga - ALBACORE TUNA.	Maroro - Cypselurus poeciopterus - YELLOW-WING FLYING FISH	4 to 5	2 to 3
COK-HAIR-60	#####	Cook Islands	F	24	Y			Y	To'evere - Thunnus alalunga - ALBACORE TUNA.	Pipi - Kyphosus cinerascens - BLUE SEA CHUB	2 to 3	4 to 5

COOK ISLANDS LOCATION 2 (PART B)

11	12a	12b	13a	14a	14b	15	16	17	18a	18b	19a	19b	20
	Nr. fish meals in last 2weeks	Avg amount last 2weeks	Species last 2weeks	Avoid fish	comments	Change behaviour after survey	Occupation	Occupational mercury exposure	Aware of types of exposure	Aware - specify	Source nearby	Source type	Database consent
4	Y	8	UME TORO	N		N	Office work	N	N	N	N		Y
2 to 3	Y	4	Salmon	N		N	Office work	N	N	N	N		Y
4 to 5	Y	8	Maroro, Ku	N		N	Office work	N	N	N	N		Y
6 to 7	Y	14	Ku, A'ai	N		N	Office work	N	N	N	N		Y
4 to 5	N			N		N	Office work	N	N	N	N		Y
2 to 3	Y	4	Maroro, A'ai	N		N	Office work	N	N	N	N		Y
	N			N		N	Office work	N	N	N	N		Y
4	Y	8	Canned tuna, To'evere	N		N	Office work	N	N	N	N		Y
4 to 5	Y	8	Maroro	N		N	Office work	N	N	N	N		Y
4	Y	8	Poa - Carangoides orthogrammus - ISLAND TREVALLY; Ature - Selar crumenophthalmus - BIGEYE SCAD	N		N	Police officer	N	N	N	N		Y
4	Y	8	To'evere	N		N	Bank officer	N	N	N	N		Y
4 to 6	N			N		N	Bank officer	N	N	N	N		Y
1	Y	2 to 3		N		N	Bank officer	N	N	N	N		Y
1	N			N		N	Bank officer	N	N	N	N		Y
4	Y	1	To'evere	N		N	Bank officer	N	N	N	N		Y

11	12a	12b	13a	14a	14b	15	16	17	18a	18b	19a	19b	20
Fish meals per week	Nr. fish meals in last 2weeks	Avg amount last 2weeks	Species last 2weeks	Avoid fish	comments	Change behaviour after survey	Occupation	Occupational mercury exposure	Aware of types of exposure	Aware - specify	Source nearby	Source type	Database consent
3 to 4	N			N		N	Bank officer	N	N	N	N		Y
4	Y	8	To'evere	N		N	Bank officer	N	N	N	N		Y
4	Y	8	Hoki - Macrurus novaezelandiae - BLUE GRENADEER; Pakati Chlorurus sordidus - DAISY PARROTFISH	N		N	Bank officer	N	N	N	N		Y
2 to 3	Y	4	Akura	N		N	Bank officer	N	N	N	N		Y
1	Y	2 to 3	To'evere	N		N	Bank officer	N	N	N	N		Y
8	Y	16	To'evere	N		N	Office work	N	N	N	N		Y
4 to 5	Y	8 to 10	A'ai, Ma'ima'i	N		N	Office work	N	N	N	N		Y
4	Y	4	A'ai	N		N	Office work	N	N	N	N		Y
4	Y	8	A'ai, Akura	N		N	Office work	N	N	N	N		Y
1	Y	2 to 3	A'ai	N		N	Office work	N	N	N	N		Y
4 to 5	Y	6	Pakati, Maroro	N		N	Office work	N	N	N	N		Y
8	Y	16	Pipi	N		N	Office work	N	N	N	N		Y
6	Y	12	Titi'ara - Caranx melampygus - BLUEFIN TREVALLY , To'evere - Thunnus alalunga - ALBACORE TUNA	N		N	Office work	N	N	N	N		Y
6	Y	12	To'evere, Maroro	N		N	Office work	N	N	N	N		Y
6	Y	12	to'evere, Pipi	N		N	Office work	N	N	N	N		Y

KIRIBATI (PART A)

1	2	3	4	5	6a	6b	6c	7	8a	8b	9	10
Code/ID	Date	Country	Gender	Age	Wishes to be contacted	E-mail	Other contact	Do you eat fish?	Fish 1	Fish 2	Frequency fish 1 (per week)	Frequency fish 2 (per week)
KIR-4HAIR-01		Kiribati	F	25	N			Y	TE ATI - Katsuwonus pelamis - skipjack tuna	TE INGI MEA - Thunnus albacares - yellowfin tuna	8	2
KIR-4HAIR-02		Kiribati	F	35				Y	TE ATI - Katsuwonus pelamis - skipjack tuna	TE AWARMEBWE - Plectropomus laevis - black saddled coral grouper	8 to 10	5
KIR-4HAIR-03		Kiribati	F	28	N			Y	TE INGI MEA- Thunnus albacares - yellowfin tuna	TE ONAUTI - Cypselurus poeclopterus - flying fish	5	1
KIR-4HAIR-04		Kiribati	F	19				Y	TE ONAUTI - Cypselurus poeclopterus - flying fish	TE ATI - Katsuwonus pelamis - skipjack tuna	5	2
KIR-4HAIR-05		Kiribati	F	40				Y	TE ONAUTI - Cypselurus poeclopterus - flying fish	TE ATI - Katsuwonus pelamis - skipjack tuna	4	5
KIR-4HAIR-06		Kiribati	F	18				Y	TE INGI MEA- Thunnus albacares - yellowfin tuna	TE OKAOKA - Letrinus obsoletus - orange striped surgeon fish	2	7
KIR-4HAIR-07		Kiribati	F	18				Y	TE OKAOKA - Letrinus obsoletus - orange striped surgeon fish	TE NINIMWAI - Teuthis rostratus - surgeon fish	7	5
KIR-4HAIR-08		Kiribati	F	18				Y	TE OKAOKA - Letrinus obsoletus - orange striped surgeon fish	TE NINIMWAI - Teuthis rostratus - surgeon fish	6	5
KIR-4HAIR-09		Kiribati	F	23				Y	TE ATI - Katsuwonus pelamis - skipjack tuna	TE IKANIBONG - Lutjanus gibbus - humpback red snapper	7	1
KIR-4HAIR-10		Kiribati	F	21				Y	TE INGI MEA- Thunnus albacares - yellowfin tuna	TE IKANIBONG - Lutjanus gibbus - humpback red snapper	7	2
KIR-4HAIR-11		Kiribati	F	30				Y	TE ATI - Katsuwonus pelamis - skipjack tuna	TE ROU - Letrinus olivaceus - longface emperor	14	2
KIR-4HAIR-12		Kiribati	F	26				Y	TE MORIKOI - Letrinus nebulosus - spangled emperor	TE INGI MEA - Thunnus albacares - yellowfin tuna	14	2

1	2	3	4	5	6a	6b	6c	7	8a	8b	9	10
Code/ID	Date	Country	Gender	Age	Wishes to be contacted	E-mail	Other contact	Do you eat fish?	Fish 1	Fish 2	Frequency fish 1 (per week)	Frequency fish 2 (per week)
KIR-HAIR-13		Kiribati	F	19			Y	Y	TE INGIMEA - Thunnus albacares - yellowfin tuna	TE ATI - Katsuwonus pelamis - skipjack tuna	2	8
KIR-HAIR-14		Kiribati	F	34			Y	Y	TE ATI - Katsuwonus pelamis - skipjack tuna	TE IKANIBONG - Lutjanus gibbus - humpback red snapper	10	4
KIR-HAIR-15		Kiribati	F	43			Y	Y	TE ATI - Katsuwonus pelamis - skipjack tuna	TE OKAOKA - Lethrinus obsoletus - orange striped surgeon fish	14	14
KIR-HAIR-16		Kiribati	F	30			Y	Y	TE ATI - Katsuwonus pelamis - skipjack tuna	TE IKANIBONG - Lutjanus gibbus - humpback red snapper	7 to 10	4 to 6
KIR-HAIR-17		Kiribati	F	34			Y	Y	TE OKAOKA - Lethrinus obsoletus - orange striped surgeon fish	TE ONAUTI - Cypselurus poeclopterus - flying fish	4 to 6	2 to 4
KIR-HAIR-18		Kiribati	F	18			Y	Y	TE ONAUTI - Cypselurus poeclopterus - flying fish	TE ATI - Katsuwonus pelamis - skipjack tuna	3	5
KIR-HAIR-19		Kiribati	F	21			Y	Y	TE ATI - Katsuwonus pelamis - skipjack tuna	TE ROU - Lethrinus olivaceus - longface emperor	5	5
KIR-HAIR-20		Kiribati	F	42			Y	Y	TE ATI - Katsuwonus pelamis - skipjack tuna	TE IKANIBONG - Lutjanus gibbus - humpback red snapper	4	6
KIR-HAIR-21		Kiribati	F	34			Y	Y	TE KUAU N TARAWA - Epinephelus polytektadon - camouflage grouper	TE ATI - Katsuwonus pelamis - skipjack tuna	7	1
KIR-HAIR-22		Kiribati	F	44			Y	Y	TE REREBA - Caranx melampygus - bluefin trevally	TE ATI - Katsuwonus pelamis - skipjack tuna	10	2
KIR-HAIR-23		Kiribati	F	21			Y	Y	TE ATI - Katsuwonus pelamis - skipjack tuna	TE ROU - Lethrinus olivaceus - longface emperor	2	6 to 7
KIR-HAIR-24		Kiribati	F	33			Y	Y	TE ATI - Katsuwonus pelamis - skipjack tuna	TE IKANIBONG - Lutjanus gibbus - humpback red snapper	14	2
KIR-HAIR-25		Kiribati	F	33			Y	Y	TE ATI - Katsuwonus pelamis - skipjack tuna	TE OKAOKA - Lethrinus obsoletus - orange striped surgeon fish	6	4

1	2	3	4	5	6a	6b	6c	7	8a	8b	9	10
Code/ID	Date	Country	Gender	Age	Wishes to be contacted	E-mail contact	Other contact	Do you eat fish?	Fish 1	Fish 2	Frequency fish 1 (per week)	Frequency fish 2 (per week)
KIR-HAIR-26		Kiribati	F	24				Y	TE ATI - Katsuwonus pelamis - skipjack tuna	TE IKANIBONG - Lutjanus gibbus - humpback red snapper	14	2 to 4
KIR-HAIR-27		Kiribati	F	25				Y	TE ATI - Katsuwonus pelamis - skipjack tuna	TE IKANIBONG - Lutjanus gibbus - humpback red snapper	6	4
KIR-HAIR-28		Kiribati	F	31	Y			Y	TE ONAUTI - Cypselurus poeclopterus - flying	TE AUA - Crenimugil crenilabris - Fringelip mullet	4	6
KIR-HAIR-29		Kiribati	F	44				Y	TE ATI - Katsuwonus pelamis - skipjack tuna	TE AWABEBWE - Plectropomus laevis - blacksaddled coral grouper	6	4
KIR-HAIR-30		Kiribati	F	32				Y	TE INGINEA - Thunnus albacares - yellowfin tuna	TE IKANIBONG - Lutjanus gibbus - humpback red snapper	10	4

KIRIBATI (PART B)

Code/ID	11	12a	12b	13a	14a	14b	15	16	17	18a	18b	19a	19b	20
	Fish meals per week	Nr. fish meals in last 2weeks	Avg amount last 2weeks	Species last 2weeks	Avoid fish	comments	Change behaviour after survey	Occupation	Occupational mercury exposure	Aware of types of exposure	Aware - specify	Source nearby	Source type	Database consent
KIR-HAIR-01	8	Y	18	Te Ati	N		N	Office work	N	N	N	N		Y
KIR-HAIR-02	10	Y	9	Tuna	N		N	Housewife	N	N	N	N		Y
KIR-HAIR-03	15	Y	20	Te Ingimea, Te Aua, Te Ati	N		N	Restaurant Worker	N	N	N	N		Y
KIR-HAIR-04	14	Y	12	Te Onauti, Te Ati, Te Rereba, Te Ikanibong, Te Ikarai	N		N	Student	N	N	N	N		Y
KIR-HAIR-05	10	Y	6	Te Onauti, Te Ingimea	N		N	Retired	N	N	N	N		Y
KIR-HAIR-06	10	Y		Te Okaoka, Te Nimimwai, Te Ati	N		N	Fish retail	N	N	N	N		Y
KIR-HAIR-07	14	Y	14	Te Ati, Te Okaoka, Te Morikoi, Te Onauti, Te Tarabuti	N		N	Fish retail	N	N	N	N		Y
KIR-HAIR-08	14	Y	14	Te Rereba, Te Okaoka, Te Morikoi, Te Onauti, Te Nimimwai, Te Tarabuti	N		N	Fish retail	N	N	N	N		Y
KIR-HAIR-09	10	Y	20	Te ati,	N		N	Storekeeper	N	N	N	N		Y
KIR-HAIR-10	14	Y	20	Te ati, Te Ikanibong, Te Ingimea, Te onauti,	N		N		N	N	N	N		Y
KIR-HAIR-11	10 to 14	Y	10	Te Ati, Te Onauti	N		N	Fish retail	N	N	N	N		Y
KIR-HAIR-12	14	Y	20	Te Ingimea, Te Ati, Te Rereba, Te Morikoi	N		N	Fish retail	N	N	N	N		Y

Code/ID	11	12a	12b	13a	14a	14b	15	16	17	18a	18b	19a	19b	20
	Fish meals per week	Nr. fish meals in last 2weeks	Avg amount last 2weeks	Species last 2weeks	Avoid fish	comments	Change behaviour after survey	Occupation	Occupational mercury exposure	Aware of types of exposure	Aware - specify	Source nearby	Source type	Database consent
KIR-HAIR-13	14	Y	16	Te Ikarii	N		N	Student	N	N	N	N		Y
KIR-HAIR-14	10	Y	20	Te Ati	N		N	Housewife	N	N	N	N		Y
KIR-HAIR-15	14	Y	20	Te Ati	Y		N	Housewife	N	N	N	N		Y
KIR-HAIR-16	14	Y	20	Te Ati	N		N	Housewife	N	N	N	N		Y
KIR-HAIR-17	14	Y	14	Te Ati, Te Ninimwai, Te Okaoka, Te Onauti, Te Morikoi, Te Tarabuti	N		N	Fish retail	N	N	N	N		Y
KIR-HAIR-18	14	Y	5 to 10	Te Ikamawa, Te Ikanibong, Te Ati	N		N	Student	N	N	N	N		Y
KIR-HAIR-19	13 to 14	Y	12 to 13	Te Ati, Te Rou, Te Aua, Te Ikanibong	N		N	Housewife	N	N	N	N		Y
KIR-HAIR-20	10	Y	12	Te Ati, Te Ikanibong	N		N	Housewife	N	N	N	N		Y
KIR-HAIR-21	14	Y	21	Te Ati, Te Onauti	N		N	teacher	N	N	N	N		Y
KIR-HAIR-22	14	Y	18	Te Ikanibong, Te Aua, Te Ikarii, Te Ati, Te Awabwebwe	N		N	Housewife	N	N	N	N		Y
KIR-HAIR-23	5	Y	10	Te Ati, Te Rou, Te Onauti	N		N	Fish Seller	N	N	N	N		Y
KIR-HAIR-24	15	Y	22	Te Ati	N		N	Housewife	N	N	N	N		Y
KIR-HAIR-25	14	Y	20	Te Ati	N		N		N	N	N	N		Y
KIR-HAIR-26	14	Y	14	Te Ati	N		N	Housewife	N	N	N	N		Y

Code/ID	11	12a	12b	13a	14a	14b	15	16	17	18a	18b	19a	19b	20
	Fish meals per week	Nr. fish meals in last 2weeks	Avg amount last 2weeks	Species last 2weeks	Avoid fish	comments	Change behaviour after survey	Occupation	Occupational mercury exposure	Aware of types of exposure	Aware - specify	Source nearby	Source type	Database consent
KIR-HAIR-27	14	Y	12	Te Ati	N		N	Housewife	N	N	N	N		Y
KIR-HAIR-28	14	Y	20	Te Onauti	N		N	Housewife	N	N	N	N		Y
KIR-HAIR-29	14	Y	28	Te Ati, Te Awabwebve	N		N	Housewife	N	N	N	N		Y
KIR-HAIR-30	11		12	Te Ingimea, Te Ati, Te Ikenibong	N		N	Housewife	N	N	N	N		Y

REPUBLIC OF MARSHALL ISLANDS (PART A)

1	2	3	4	5	6a	6b	6c	7	8a	8b	9	10
Code/ID	Date	Country	Gender	Age	Wishes to be contacted	E-mail	Other contact	Do you eat fish?	Fish 1	Fish 2	Frequency fish 1 (per week)	Frequency fish 2 (per week)
MHL-HAIR-01		Republic of Marshall Islands	F	33	Y			Y	Tuna	Reef Fish	1 to 2	1 to 2
MHL-HAIR-02		Republic of Marshall Islands	F	30				Y	Tuna	Red Snapper	3	2
MHL-HAIR-03		Republic of Marshall Islands	F	44				Y	Yellowfin tuna	Red Snapper	3	3
MHL-HAIR-04		Republic of Marshall Islands	F	30	Y			Y	Skipjack Tuna	Red Snapper	2 to 5	1
MHL-HAIR-05		Republic of Marshall Islands	F	34	Y			Y	Reef Fish	Skipjack Tuna	3	3
MHL-HAIR-06		Republic of Marshall Islands	F	35				Y	Skipjack Tuna	Parrot fish	2	1
MHL-HAIR-07		Republic of Marshall Islands	F	33	Y			Y	Red Snapper	Tuna	2	2
MHL-HAIR-08		Republic of Marshall Islands	F	39				Y	Yellowfin tuna	Reef Fish	4	4
MHL-HAIR-09		Republic of Marshall Islands	F	37	Y			Y	Tuna	Marlin	3	4
MHL-HAIR-10		Republic of Marshall Islands	F	26	Y			Y	Skipjack Tuna	Yellowfin Tuna	2	3
MHL-HAIR-11		Republic of Marshall Islands	F	39	Y			Y	Tuna	Marlin	4 to 5	1 to 2
MHL-HAIR-12		Republic of Marshall Islands	F	43				Y	Tuna	Reef Fish	3	3
MHL-HAIR-13		Republic of Marshall Islands	F	37	Y			Y	Tuna	Grouper	2	3
MHL-HAIR-14		Republic of Marshall Islands	F	40	Y			Y	Tuna	Reef Fish	2	2
MHL-HAIR-15		Republic of Marshall Islands	F	39	Y			Y	Tuna	Reef Fish	4	5

1	2	3	4	5	6a	6b	6c	7	8a	8b	9	10
Code/ID	Date	Country	Gender	Age	Wishes to be contacted	E-mail	Other contact	Do you eat fish?	Fish 1	Fish 2	Frequency fish 1 (per week)	Frequency fish 2 (per week)
MHL-HAIR-16		Republic of Marshall Islands	F	36				Y	Reef Fish	Tuna	7	7
MHL-HAIR-17		Republic of Marshall Islands	F	38				Y	Reef Fish	Tuna	2 to 3	2 to 3
MHL-HAIR-18		Republic of Marshall Islands	F	26				Y	Reef Fish	Tuna	2 to 3	2 to 3
MHL-HAIR-19		Republic of Marshall Islands	F	33				Y	Skipjack Tuna	Tuna	3	1 to 2
MHL-HAIR-20		Republic of Marshall Islands	F	33				Y	SPINEFOOT	Reef Fish	3	3 to 4
MHL-HAIR-21		Republic of Marshall Islands	F	42				Y	Reef Fish		7	7
MHL-HAIR-22		Republic of Marshall Islands	F	35				Y	Tuna	Reef Fish	1	1
MHL-HAIR-23		Republic of Marshall Islands	F	40				Y	Grouper	Skipjack Tuna	1	1
MHL-HAIR-24		Republic of Marshall Islands	F	26	N			Y	Reef Fish		7	7
MHL-HAIR-25		Republic of Marshall Islands	F	31	Y			Y	Reef Fish	Tuna	3	3
MHL-HAIR-26		Republic of Marshall Islands	F	34				Y	Reef Fish		1	
MHL-HAIR-27		Republic of Marshall Islands	F	27	Y			Y	Reed	Tuna	3 to 4	4 to 6
MHL-HAIR-28		Republic of Marshall Islands	F	20	Y			Y	Tuna	Reef Fish	3 to 4	1 to 2
MHL-HAIR-29		Republic of Marshall Islands	F	29				Y	Tuna	Parrot fish	1	1
MHL-HAIR-30		Republic of Marshall Islands	F	25	Y			Y	Tuna	Red Snapper	3	1

REPUBLIC OF MARSHALL ISLANDS (PART B)

	11	12a	12b	13a	14a	14b	15	16	17	18a	18b	19a	19b	20
Code ID	Fish meals per week	Nr. fish meals in last 2weeks	Avg amount last 2 weeks	Species last 2 weeks	Avoid fish	comments	Change behaviour after survey	Occupation	Occupational mercury exposure	Aware of types of exposure	Aware - specify	Source nearby	Source type	Database consent
MHL-HAIR-01	2 to 3	Y		Tuna, Reef Fish	N		Y	Volunteer	N	N	N	N		Y
MHL-HAIR-02	3	Y	3	Tuna, Reef Fish	N		N	Office work	Y	N	Y	Y	Fish Hatchery	Y
MHL-HAIR-03	4	Y	10	Tuna, Reef Fish	N		Y	Office work	N	N	N	N		Y
MHL-HAIR-04	5	Y	10	Skipjack Tuna	N		Y	Office work	N	N	Y	Y	PACIFIC PAN FOOD (PROCESSORS)	Y
MHL-HAIR-05	6	Y	12	Reef Fish, Skipjack Tuna	N		Y	Office work	N	Y	Y	Y	PAN PACIFIC FOODS.(PROCESSOR)	Y
MHL-HAIR-06	3	Y	5	Skipjack Tuna, Parrot fish	N		N	Office work	N	N	Y	Y	PAN PACIFIC FOODS.(PROCESSOR)	Y
MHL-HAIR-07	2	Y	2 (150g each)	Skipjack Tuna	N		Y	Office work	N	N	N	N		Y
MHL-HAIR-08	4	Y	8	Reef Fish	N		Y	Housewife	N	N	N	N		Y
MHL-HAIR-09	6	Y		Marlin	N		Y	Office work	N	N	N	N		Y
MHL-HAIR-10	5	Y	8	Tuna Reef Fish	N		Y	Office work	N	N	N	N		Y
MHL-HAIR-11	12	Y	6	Reef Fish	N		Y	Office work	N	N	N	N		Y
MHL-HAIR-12	3	Y	5	Tuna	N		N	Housekeeper	N	N	N	N		Y

Code ID	11	12a	12b	13a	14a	14b	15	16	17	18a	18b	19a	19b	20
	Fish meals per week	Nr. fish meals in last 2 weeks	Avg amount last 2 weeks	Species last 2 weeks	Avoid fish	comments	Change behaviour after survey	Occupation	Occupational mercury exposure	Aware of types of exposure	Aware - specify	Source nearby	Source type	Database consent
MHL-HAIR-13	4	Y	8	Grouper	N		Y	Office work	N	N	N	N		Y
MHL-HAIR-14	5	Y	4	Red Snapper	N		N	Office work	N	N	N	N		Y
MHL-HAIR-15	8	Y		Tuna	N		Y	Office work	N	N	N	N		Y
MHL-HAIR-16	14		14	Reff Fish, Tuna	N		Y	Housewife	N	N	N	N		Y
MHL-HAIR-17	7	Y		Reef Fish	N		Y	Office work	N	N	N	N		Y
MHL-HAIR-18	2	Y	1	Reef Fish	N		Y	Housekeeper	N	N	N	N		Y
MHL-HAIR-19	3 to 4	Y	4 to 5	Grouper, Tuna	N		Y	Housewife	N	N	N	N		Y
MHL-HAIR-20	4 to 4	Y	6	Reef Fish, Skipjack Tuna	N		Y	Housewife	N	N	N	N		Y
MHL-HAIR-21	7	Y	7	Reef Fish	N		Y	Housewife	N	N	N	N		Y
MHL-HAIR-22	2 to 3	Y	4	Tuna	N		Y	Housewife	N	N	N	N		Y
MHL-HAIR-23	1	Y	2	Grouper	N		Y	Housewife	N	N	N	N		Y
MHL-HAIR-24	7	Y	7	Reef Fish	N		Y	Housewife	N	N	N	N		Y
MHL-HAIR-25	10	Y	10 to 12	Tuna	N		N	Waitress	N	N	N	N		Y

	11	12a	12b	13a	14a	14b	15	16	17	18a	18b	19a	19b	20	
		Fish meals per week	Nr. fish meals in last 2weeks	Avg amount last 2 weeks	Species last 2 weeks	Avoid fish	comments	Change behaviour after survey	Occupation	Occupational mercury exposure	Aware of types of exposure	Aware - specify	Source nearby	Source type	Database consent
MHL-HAIR-26	1	N			Y		Already took measures	Waitress	N	N	N	N		Y	
MHL-HAIR-27	7	20	Tuna	N	N			Office work	N	N	N	N		Y	
MHL-HAIR-28	10 to 12	20	Tuna	N	N			Waitress	N	N	N	N		Y	
MHL-HAIR-29	18	25	Parrot Fish	N	N			Waitress	N	N	N	N		Y	
MHL-HAIR-30	7	17	Tuna	N	Y			Office work	N	N	N	N		Y	

TUVALU (PART A)

1	2	3	4	5	6a	6b	7	8a	8b	9	10	
Code /ID	Date	Country	Gender	Age	Wishes to be contacted	E-mail	Other contact	Do you eat fish?	Fish 1	Fish 2	Frequency fish 1 (per week)	Frequency fish 2 (per week)
TUV-HAIR-01		Tuvalu	F	31				Y	Skipjack Tuna	BLOTCHYE SOLDIERFISH - Mypristis berndti	6	2
TUV-HAIR-02		Tuvalu	F	24	Y			Y	Isave - Yellowing Flyingfish	Yellofin Tuna	5	4
TUV-HAIR-03		Tuvalu	F	26				Y	BLOTCHYE SOLDIERFISH - Mypristis berndti	FRINGELIP MULLET - Creimugil crenilabis	3	3
TUV-HAIR-04		Tuvalu	F	24					Skipjack Tuna	Isave - Yellowing Flyingfish	3	3
TUV-HAIR-05		Tuvalu	F	18				Y	Skipjack Tuna	MANINI - Acanthurus triastegus - CONVICT SURGEON FISH	1	1
TUV-HAIR-06		Tuvalu	F	18				Y	Skipjack Tuna	Yellofin Tuna	7	7
TUV-HAIR-07		Tuvalu	F	23	Y			Y	Skipjack Tuna	Isave - Yellowing Flyingfish	2	2
TUV-HAIR-08		Tuvalu	F	27				Y	Isave - Yellowing Flyingfish	TAEA - Lutjanus gibbus - HUMPBACK RED SNAPPER	3 to 4	1
TUV-HAIR-09		Tuvalu	F	40	Y			Y	Skipjack Tuna	MANINI - Acanthurus triastegus - CONVICT SURGEON FISH	5	5
TUV-HAIR-10		Tuvalu	F	24	Y			Y	Skipjack Tuna	PALU - Paracaesio xanthurus - BLUE SNAPPER	3	5
TUV-HAIR-11		Tuvalu	F	19				Y	Skipjack Tuna	Isave - Yellowing Flyingfish	2	3
TUV-HAIR-12		Tuvalu	F	26	Y			Y	Skipjack Tuna	Isave - Yellowing Flyingfish	6	3
TUV-HAIR-13		Tuvalu	F	21	Y			Y	Skipjack Tuna	Isave - Yellowing Flyingfish	4	2

1	2	3	4	5	6a	6b	6c	7	8a	8b	9	10
Code /ID	Date	Country	Gender	Age	Wishes to be contacted	E-mail	Other contact	Do you eat fish?	Fish 1	Fish 2	Frequency fish 1 (per week)	Frequency fish 2 (per week)
TUV-HAIR-14		Tuvalu	F	20				Y	Skipjack Tuna	Isave - Yellowing Flyingfish	4	2
TUV-HAIR-15		Tuvalu	F	23	Y			Y	Skipjack Tuna	MANINI - Acanthurus triostegus - CONVICT SURGEON FISH	3	2
TUV-HAIR-16		Tuvalu	F	26	Y			Y	Skipjack Tuna	MANINI - Acanthurus triostegus - CONVICT SURGEON FISH	3	3
TUV-HAIR-17		Tuvalu	F	24	Y			Y	Skipjack Tuna	MUTU MUTU - Abudofduf septemfasciatus - BANDED SERGEANT MAJOR	3	2
TUV-HAIR-18		Tuvalu	F	28				Y	Isave - Yellowing Flyingfish	Skipjack Tuna	3	4
TUV-HAIR-19		Tuvalu	F	34	Y			Y	Isave - Yellowing Flyingfish	Skipjack Tuna	3	5
TUV-HAIR-20		Tuvalu	F	23	Y			Y	ATULE - Seiar crumenophthalmus - BIG-EYE SCAD	TAVATAVA - Gymnosarda unicolor - DOGTOOTH TUNA	3	2
TUV-HAIR-21		Tuvalu	F	34	Y			Y	TAEA - Lutjanus gibbus - HUMPBACK RED SNAPPER	MANINI - Acanthurus triostegus - CONVICT SURGEON FISH	1	2
TUV-HAIR-22		Tuvalu	F	21	Y			Y	Skipjack Tuna	KAMASE - Crenimugil crenilabris - FRINGELIP MULLET	3	2
TUV-HAIR-23		Tuvalu	F	38	Y			Y	Skipjack Tuna	Isave - Yellowing Flyingfish	5	2
TUV-HAIR-24		Tuvalu	F	20	N			Y	Skipjack Tuna	Isave - Yellowing Flyingfish	4	2
TUV-HAIR-25		Tuvalu	F	26	Y			Y	TAEA - Lutjanus gibbus - HUMPBACK RED SNAPPER	KAMASE - Crenimugil crenilabris - FRINGELIP MULLET	1	2

1	2	3	4	5	6a	6b	6c	7	8a	8b	9	10
Code /ID	Date	Country	Gender	Age	Wishes to be contacted	E-mail	Other contact	Do you eat fish?	Fish 1	Fish 2	Frequency fish 1 (per week)	Frequency fish 2 (per week)
TUV-HAIR-26		Tuvalu	F	24	Y			Y	Skipjack Tuna	PALU - Paracaesio xanthura - BLUE SNAPPER, YELLOWTAIL	3	5
TUV-HAIR-27		Tuvalu	F	30	Y			Y	Skipjack Tuna	TAEA - Lutjanus gibbus - HUMPBACK RED SNAPPER	5	3
TUV-HAIR-28		Tuvalu	F	18	N			Y	TAEA - Lutjanus gibbus - HUMPBACK RED SNAPPER	SAVANE - Lutjanus kasimira - COMMON BLUESTRIPE SNAPPER	2	2
TUV-HAIR-29		Tuvalu	F	18				Y	TAEA - Lutjanus gibbus - HUMPBACK RED SNAPPER	Skipjack Tuna	4	2
TUV-HAIR-30		Tuvalu	F	29				Y	TAEA - Lutjanus gibbus - HUMPBACK RED SNAPPER	SAVANE - Lutjanus kasimira - COMMON BLUESTRIPE SNAPPER	3	2

TUVALU (PART B)

Code ID	11	12a	12b	13a	14a	14b	15	16	17	18a	18b	19a	19b	20	
		Fish meals per week	Nr. fish meals in last 2weeks	Avg amount last 2weeks	Species last 2weeks	Avoid fish	comments	Change behaviour after survey	Occupation	Occupational mercury exposure	Aware of types of exposure	Aware - specify	Source nearby	Source type	Database consent
TUV-HAIR-01	5	Y	9 to 10	Tuna		N		Y	Office work	N	N	N		Y	
TUV-HAIR-02	5	Y	10	Yellowing Flyingfish, Yellowfin Tuna		N		Y	Housemaid	N	N	N		Y	
TUV-HAIR-03	3	Y		Fringelip Mullet, Yellowing Flyingfish		N		Y	Cook	N	N	N		Y	
TUV-HAIR-04	7	Y	14	Blue Snapper, Skipjack Tuna		Y		Y	Cook	N	N	N		Y	
TUV-HAIR-05	7	Y		Mainini, Yellowfin Tuna, Isave		N		Y	Household Help	N	N	N		Y	
TUV-HAIR-06	7	Y	14	Skipjack Tuna		N		Y	Household Help	N	N	N		Y	
TUV-HAIR-07	2 to 3	Y	6	Skipjack Tuna, Isave		N		Y	Housewife	N	N	N		Y	
TUV-HAIR-08	3 to 3	Y	4	Skipjack Tuna, Isave		N		Y	Household Help	N	N	N		Y	
TUV-HAIR-09	12	Y	20	Taea		N		Y	Shopkeeper	N	N	N		Y	
TUV-HAIR-10	6	Y	12	Fringelip Mullet		N		Y	Clerk	N	N	N		Y	
TUV-HAIR-11	5	Y	10	Skipjack Tuna		N		Y	Household Help	N	N	N		Y	
TUV-HAIR-12	12	Y		MANINI LAKAU - Naso lituratus - ORANGE SPINE UNICORNFISH		N		Y	teacher	N	N	N		Y	

	11	12a	12b	13a	14a	14b	15	16	17	18a	18b	19a	19b	20
Code ID	Fish meals per week	Nr. fish meals in last 2weeks	Avg amount last 2weeks	Species last 2weeks	Avoid fish	comments	Change behaviour after survey	Occupation	Occupational mercury exposure	Aware of types of exposure	Aware - specify	Source nearby	Source type	Database consent
TUV-HAIR-13	14	Y	12	ATU - Katsuwonus pelamis - SKIPJACK TUNA; GAFALA - Epinephelus merra - HON-EYCOMB GROUPER; MALAU - Myripristis berndti - BLOTCHYE SOLDIER FISH	N		Y	Housewife	N	N	N	N		Y
TUV-HAIR-14	6	Y	8	Manini, Skipjack Tuna	N		Y	Housewife	N	N	N	N		Y
TUV-HAIR-15	3	Y	4	Isave	N		Y	Housewife	N	N	N	N		Y
TUV-HAIR-16	2	Y	4	Isave, Taea	N		Y	Housewife	N	N	N	N		Y
TUV-HAIR-17	2	Y	4	Isave	N		Y	Housewife	N	N	N	N		Y
TUV-HAIR-18	3 to 4	Y	6	Skipjack Tuna, Isave, Manini	N		Y	Housewife	N	N	N	N		Y
TUV-HAIR-19	2	Y	16	ATU - Katsuwonus pelamis - SKIPJACK TUNA, NANUE - Kyphosus cinerascens - BLUE SEA CHUB, ATULE - Selar crumenophthalmus - BIG-EYE SCAD	N		Y	Housewife	N	N	N	N		Y
TUV-HAIR-20	3	Y	6	Atule	N		Y	Office work	N	N	N	N		Y
TUV-HAIR-21	3	Y	6	Skipjack Tuna	N		Y	Housewife	N	N	N	N		Y
TUV-HAIR-22	4	Y	8	ATU - Katsuwonus pelamis - SKIPJACK TUNA; TAVATANA - Gymnosarda unicolor - DOGTOOTH TUNA (JUVENILE)	N		Y	Housewife	N	N	N	N		Y

Code ID	11	12a	12b	13a	14a	14b	15	16	17	18a	18b	19a	19b	20
	Fish meals per week	Nr. fish meals in last 2weeks	Avg amount last 2weeks	Species last 2weeks	Avoid fish	comments	Change behaviour after survey	Occupation	Occupational mercury exposure	Aware of types of exposure	Aware - specify	Source nearby	Source type	Database consent
TUV-HAIR-23	8	Y		ATU - Katsuwonus pelamis - SKIPJACK TUNA; TAEA - Lutjanus gibbus - HUMPBACK RED SNAPPER; PALU - Paracaesio xanthurus - BLUE SNAPPER, YELLOWTAIL;	N		Y	Housemaid	N	N	N	N		Y
TUV-HAIR-24	6 to 7		8	ATU - Katsuwonus pelamis - SKIPJACK TUNA, KAMAI - Eragatis bipinnulata - RAINBOW RUNNER-	N		Y	Housemaid	N	N	N	N		Y
TUV-HAIR-25	1		2	Taea	N		Y	Housemaid	N	N	N	N		Y
TUV-HAIR-26	6		12	Kanase, Mulllet	N		Y	Office work	N	N	N	N		Y
TUV-HAIR-27	4		8	Mainini	N		Y	Housewife	N	N	N	N		Y
TUV-HAIR-28	3		6	Taea, Sarane	N		Y	Housewife	N	N	N	N		Y
TUV-HAIR-29	3		6	PALA - Acanthocybium solandri - WAHOO	N		Y	Housewife	N	N	N	N		Y
TUV-HAIR-30	2		5	ATU - Katsuwonus pelamis - SKIPJACK TUNA, TAKUA - Thunus albacares - YELLOWFIN TUNA, PALA - Acanthocybium solandri - WAHOO	N		Y	Housewife	N	N	N	N		Y

NEPAL LOCATION 1 (PART A)

1	2	3	4	5	6a	6b	6c	7	8a	8b	9	10
Code/ID	Date	Country	Gender	Age	Wishes to be contacted	E-mail	Other contact	Do you eat fish?	Fish 1	Fish 2	Frequency fish 1 (per week)	Frequency fish 2 (per week)
NPL-1-HAIR-01	#####	Nepal	F	32	Y			Y	Roju (Labeo rohita),	Naini (Cirrhinus mrigala)	8	3
NPL-1-HAIR-02	#####	Nepal	F	44	Y			Y	Roju (Labeo rohita),	Tilapia	1	3
NPL-1-HAIR-03	#####	Nepal	F	33	Y			Y	Tilapia	Bhutte (Puntius chola)	10	3
NPL-1-HAIR-04	#####	Nepal	F	24	Y			Y	Tilapia	Bhutte (Puntius chola)	10	5
NPL-1-HAIR-05	#####	Nepal	F	30	Y			Y	Tilapia	Bhutte (Puntius chola)	10	5
NPL-1-HAIR-06	#####	Nepal	F	42	Y			Y	Tilapia	Magur (Clarias gariepinus)	4	2
NPL-1-HAIR-07	#####	Nepal	F	26	Y			Y	Tilapia	Bhutte (Puntius chola)	1	5
NPL-1-HAIR-08	#####	Nepal	F	26	Y			Y	Tilapia	Big Head Carp (Hypophthalmichthys mobilis)	5	1
NPL-1-HAIR-09	#####	Nepal	F	36	Y			Y	Tilapia	Bhutte (Puntius chola)	1	3
NPL-1-HAIR-10	#####	Nepal	F	19	Y			Y	Tilapia	Bhutte (Puntius chola)	3	12
NPL-1-HAIR-11	#####	Nepal	F	25	Y			Y	Tilapia	Bhutte (Puntius chola)	3	2
NPL-1-HAIR-12	#####	Nepal	F	35	Y			Y	Tilapia	Rewa	10	1
NPL-1-HAIR-13	#####	Nepal	F	36	Y			Y	Rewa	Bhutte (Puntius chola)	7	7
NPL-1-HAIR-14	#####	Nepal	F	43	Y			Y	Tilapia	Bhutte (Puntius chola)	3	3

1	2	3	4	5	6a	6b	6c	7	8a	8b	9	10
Code/ID	Date	Country	Gender	Age	Wishes to be contacted	E-mail	Other contact	Do you eat fish?	Fish 1	Fish 2	Frequency fish 1 (per week)	Frequency fish 2 (per week)
NPL-1-HAIR-15	#####	Nepal	F	37	Y			Y	Tilapia	Bhutte (Puntius chola)	3	3
NPL-1-HAIR-16	#####	Nepal	F	20	Y			Y	Tilapia	Bhutte (Puntius chola)	3	3
NPL-1-HAIR-17	#####	Nepal	F	30	Y			Y	Tilapia	Robu (Labeo rohita),	2	6
NPL-1-HAIR-18	#####	Nepal	F	35	Y			Y	Tilapia	Bhutte (Puntius chola)	7	4
NPL-1-HAIR-19	#####	Nepal	F	34	Y			Y	Tilapia	Dhungre	14	1
NPL-1-HAIR-20	#####	Nepal	F	28	Y			Y	Tilapia	Bam	9	1
NPL-1-HAIR-21	#####	Nepal	F	40	Y			Y	Robu (Labeo rohita),	Naini (Cirrhinus mrigala)	2	2
NPL-1-HAIR-22	#####	Nepal	F	21	Y			Y	Tilapia	Bhutte (Puntius chola)	2	2
NPL-1-HAIR-23	#####	Nepal	F	20	Y			Y	Tilapia	Bhutte (Puntius chola)	5	3
NPL-1-HAIR-24	#####	Nepal	F	26	Y			Y	Tilapia	Bhutte (Puntius chola)	5	3
NPL-1-HAIR-26	#####	Nepal	F	30	Y			Y	Tilapia	Bam	3	2
NPL-1-HAIR-27	#####	Nepal	F	32	Y			Y	Tilapia	Magur (Clarias gariepinus)	7	8
NPL-1-HAIR-28	#####	Nepal	F	44	Y			Y	Tilapia	Bhutte (Puntius chola)	3	7
NPL-1-HAIR-29	#####	Nepal	F	29	Y			Y	Tilapia	Bhutte (Puntius chola)	7	8
NPL-1-HAIR-30	#####	Nepal	F	37	Y			Y	Tilapia	Bhutte (Puntius chola)	3	1
NPL-1-HAIR-31	#####	Nepal	F	36	Y			Y	Tilapia	Bhutte (Puntius chola)	6	2

1	2	3	4	5	6a	6b	6c	7	8a	8b	9	10
Code/ID	Date	Country	Gender	Age	Wishes to be contacted	E-mail	Other contact	Do you eat fish?	Fish 1	Fish 2	Frequency fish 1 (per week)	Frequency fish 2 (per week)
NPL1-HAIR-32	#####	Nepal	F	32	Y			Y	Tilapia	Bhutte (Puntius chola)	3	2
NPL1-HAIR-33	#####	Nepal	F	44	Y			Y	Rohu (Labeo rohita),	Naini (Cirrhinus mrigala)	8	3
NPL1-HAIR-34	#####	Nepal	M	34	Y			Y	Rohu (Labeo rohita),	Naini (Cirrhinus mrigala)	1	2

NEPAL LOCATION 1 (PART B)

	11	12a	12b	13a	14a	14b	15	16	18a	18b	19a	19b	20
Code/ID	Fish meals per week	Nr. fish meals in last 2weeks	Avg amount last 2weeks	Species last 2weeks	Avoid fish	comments	Change behaviour after survey	Occupation	Aware of types of exposure	Aware - specify	Source nearby	Source type	Database consent
NPE+HAIR-01	5	Y	17	Tilapia	Y		Y	Agriculture	N	N	N		Y
NPE+HAIR-02	3	Y	5	Tilapia	Y		Y	Fishing	N	N	N		Y
NPE+HAIR-03	10	Y	20	Tilapia	Y		Y	Fishing	N	N	N		Y
NPE+HAIR-04	9	Y	18	Tilapia, Bhitte	Y		Y	Fishing	N	N	N		Y
NPE+HAIR-05	9	Y	17	Tilapia, Bhitte	Y		Y	Fishing	N	N	N		Y
NPE+HAIR-06	5	Y	10	Tilapia	Y		Y	Fishing	N	N	N		Y
NPE+HAIR-07	5	Y	10	Tilapia	Y		Y	Fishing	N	N	N		Y
NPE+HAIR-08	5	Y	10	Tilapia, Big Head Carp	Y		Y	Fishing	N	N	N		Y
NPE+HAIR-09	2	Y	4	Tilapia	Y		Y	Fishing	N	N	N		Y
NPE+HAIR-10	10	Y	20	Tilapia, Bhitte	Y		Y	Fishing	N	N	N		Y
NPE+HAIR-11	3	Y	6	Tilapia, Bhitte	Y		Y	Fishing	N	N	N		Y
NPE+HAIR-12	11	Y	22	Tilapia	Y		Y	Fishing	N	N	N		Y
NPE+HAIR-13	5	Y	10	Bhitte	Y		Y	Fishing	N	N	N		Y
NPE+HAIR-14	3	Y	6	Tilapia, Bhitte	Y		Y	Fishing	N	N	N		Y

Code/ID	11	12a	12b	13a	14a	14b	15	16	18a	18b	19a	19b	20
	Fish meals per week	Nr. fish meals in last 2weeks	Avg amount last 2weeks	Species last 2weeks	Avoid fish	comments	Change behaviour after survey	Occupation	Aware of types of exposure	Aware - specify	Source nearby	Source type	Database consent
NPL+HAIR-15	3	Y	6	Tiapia, Bhitte	Y		Y	Fishing	N	N	N		Y
NPL+HAIR-16	3	Y	6	Tiapia, Bhitte	Y		Y	Fishing	N	N	N		Y
NPL+HAIR-17	3	Y	6	Tiapia, Rohu	Y		Y	Fishing	N	N	N		Y
NPL+HAIR-18	5	Y	10	Tiapia	Y		Y	Fishing	N	N	N		Y
NPL+HAIR-19	14	Y	28	Tiapia	Y		Y	Fishing	N	N	N		Y
NPL+HAIR-20	10	Y	20	Tiapia	Y		Y	Fishing	N	N	N		Y
NPL+HAIR-21	4	Y	8	Tiapia	Y		Y	Hotel and restaurant business	N	N	N		Y
NPL+HAIR-22	4	Y	8	Tiapia	Y		Y	Education and hotel	N	N	N		Y
NPL+HAIR-23	6	Y	12	Tiapia, Bhitte	Y		Y	Fishing	N	N	N		Y
NPL+HAIR-24	6	Y	12	Tiapia, Bhitte	Y		Y	Fishing	N	N	N		Y
NPL+HAIR-26	4	Y	8	Tiapia, Bam	Y		Y	Fishing	N	N	N		Y
NPL+HAIR-27	1	Y	16	Tiapia, Magur	Y		Y	Fishing	N	N	N		Y
NPL+HAIR-28	8	Y	16	Tiapia, Bhitte	Y		Y	Fishing	N	N	N		Y

Code/ID	11	12a	12b	13a	14a	14b	15	16	18a	18b	19a	19b	20	
		Fish meals per week	Nr. fish meals in last 2weeks	Avg amount last 2weeks	Species last 2weeks	Avoid fish	comments	Change behaviour after survey	Occupation	Aware of types of exposure	Aware - specify	Source nearby	Source type	Database consent
NPL-HAIR-29	1	Y	16	Y	Tilapia, Bhitte	Y		Y	Fishing	N	N		Y	
NPL-HAIR-30	4	Y	8	Y	Tilapia, Bhitte	Y		Y	Fishing	N	N		Y	
NPL-HAIR-31	7	Y	14	Y	Tilapia, Bhitte	Y		Y	Fishing	N	N		Y	
NPL-HAIR-32	4	Y	8	Y	Tilapia, Bhitte	Y		Y	Fishing	N	N		Y	
NPL-HAIR-33	5	Y	1	Y	Rohtu, Naini, Tilapia	Y		Y	Agriculture	N	N		Y	
NPL-HAIR-34	2	Y	3	Y	Rohtu, Naini	Y		Y	Working in Chemical Factory (colour, acid, toiletries)	N	Y	Chemical industry	Y	

NEPAL LOCATION 2 (PART A)

1	2	3	4	5	6a	6b	6c	7	8a	8b	9	10	11
Date	Code/ID	Country	Gender	Age	Wishes to be contacted	E-mail	Other contact	Do you eat fish?	Fish 1	Fish 2	Frequency fish 1	Frequency fish 2	Fish meals per week
3/12/2016	NPL-02-HAIR-10	Nepal	F	35	Y			Y	Tilapia (Oreochromis niloticus)	0.25-0.5			
3/12/2016	NPL-02-HAIR-11	Nepal	F	29	Y			Y	Tilapia (Oreochromis niloticus)	0.25-0.5			
3/12/2016	NPL-02-HAIR-12	Nepal	F	43	Y			Y	Tilapia (Oreochromis niloticus)	0.25-0.5			
3/12/2016	NPL-02-HAIR-13	Nepal	F	29	Y			Y	Rewa	0.25-0.5			
3/12/2016	NPL-02-HAIR-14	Nepal	F	44	Y			Y	Rohtu (Labeo rohita),	0.25-0.5			
6/12/2016	NPL-02-HAIR-15	Nepal	F	42	Y			Y	Tilapia (Oreochromis niloticus)	0.25-0.5			
6/12/2016	NPL-02-HAIR-16	Nepal	F	19	Y			Y	Tilapia (Oreochromis niloticus)	0.25-0.5			
6/12/2016	NPL-02-HAIR-17	Nepal	F	47	Y			Y	Rohtu (Labeo rohita),	0.25-0.5			
9/12/2016	NPL-02-HAIR-18	Nepal	F	24	Y			Y	Tilapia (Oreochromis niloticus)	0.25-0.5			
9/12/2016	NPL-02-HAIR-19	Nepal	F	20	Y			Y	Tilapia (Oreochromis niloticus)	0.25-0.5			
9/12/2016	NPL-02-HAIR-20	Nepal	F	18	Y			Y	Tilapia (Oreochromis niloticus)	0.25-0.5			
9/12/2016	NPL-02-HAIR-21	Nepal	F	18	Y			Y	Tilapia (Oreochromis niloticus)	0.25-0.5			
#####	NPL-02-HAIR-22	Nepal	F	19	Y			Y	Tilapia (Oreochromis niloticus)	0.25-0.5			
#####	NPL-02-HAIR-23	Nepal	F	25	Y			Y	Tilapia (Oreochromis niloticus)	0.25-0.5			
#####	NPL-02-HAIR-24	Nepal	F	21	Y			Y	Tilapia (Oreochromis niloticus)	0.25-0.5			

1	2	3	4	5	6a	6b	6c	7	8a	8b	9	10	11
Date	Code/ID	Country	Gender	Age	Wishes to be contacted	E-mail	Other contact	Do you eat fish?	Fish 1	Fish 2	Frequency fish 1	Frequency fish 2	Fish meals per week
#####	NPL-02-HAIR-25	Nepal	F	42	Y			Y	Tilapia (<i>Oreochromis niloticus</i>)	0,25-0,5			
#####	NPL-02-HAIR-26	Nepal	F	44	Y			Y	Rohu (<i>Labeo rohita</i>),	0,25-0,5			
#####	NPL-02-HAIR-27	Nepal	F	43	Y			Y	Tilapia (<i>Oreochromis niloticus</i>)	0,25-0,5			
#####	NPL-02-HAIR-28	Nepal	F	29	Y			Y	Tilapia (<i>Oreochromis niloticus</i>)	0,25-0,5			
#####	NPL-02-HAIR-29	Nepal	F	18	Y			Y	Tilapia (<i>Oreochromis niloticus</i>)	0,25-0,5			
#####	NPL-02-HAIR-30	Nepal	F	21	Y			Y	Rohu (<i>Labeo rohita</i>),	0,25-0,5			

NEPAL LOCATION 2 (PART B)

Code/ID	12a	12b	13a	14a	14b	15	16	17	18a	18b	19a	19b	20
	Nr. fish meals in last 2weeks	Avg amount last 2weeks	Species last 2weeks	Avoid fish	comments	Change behaviour after survey	Occupation	Occupational mercury exposure	Aware of types of exposure	Aware - specify	Source nearby	Source type	Database consent
NPL-02-HAIR-10	Y			Y		Y	Metal mercury based gold plating (MMBCP)	Yes	No	Y		MMBCP 26 years	Y
NPL-02-HAIR-11	Y			Y		Y	(MMBCP)	Yes	No	Y		MMBCP 3 yrs	Y
NPL-02-HAIR-12	Y			Y		Y	(MMBCP)	Yes	No	Y		MMBCP 20 yrs	Y
NPL-02-HAIR-13	Y			Y		Y	(MMBCP)	Yes	No	Y		MMBCP 5 yrs	Y
NPL-02-HAIR-14	N			Y		Y	(MMBCP)	Yes	No	Y		MMBCP 6 yrs	Y
NPL-02-HAIR-15	Y			Y		Y	(MMBCP)	Yes	No	Y		MMBCP 12 yrs	Y
NPL-02-HAIR-16	Y			Y		Y	(MMBCP)	Yes	No	Y		MMBCP 3 yrs	Y
NPL-02-HAIR-17	Y		Rohu	Y		Y	(MMBCP)	Yes	No	Y		MMBCP 30 yrs	Y
NPL-02-HAIR-18	Y			Y		Y	(MMBCP)	Yes	No	Y		MMBCP 2 mths	Y
NPL-02-HAIR-19	Y			Y	Consuming less	Y	(MMBCP)	Yes	No	Y		MMBCP 1 yr	Y
NPL-02-HAIR-20	Y			Y		Y	(MMBCP)	Yes	No	Y		MMBCP 6 mths	Y
NPL-02-HAIR-21	Y			Y		Y	(MMBCP)	Yes	No	Y		MMBCP 2 yrs	Y
NPL-02-HAIR-22	Y			Y		Y	(MMBCP)	Yes	No	Y		MMBCP 5 yrs	Y

Code/ID	12a	12b	13a	14a	14b	15	16	17	18a	18b	19a	19b	20
	Nr. fish meals in last 2weeks	Avg amount last 2weeks	Species last 2weeks	Avoid fish	comments	Change behaviour after survey	Occupation	Occupational mercury exposure	Aware of types of exposure	Aware - specify	Source nearby	Source type	Database consent
NPL-02-HAIR-23	Y		Y	Y		Y	(MMBCP)	Yes	No	Y	Y	MMBCP 3 yrs	Y
NPL-02-HAIR-24	Y		Y	Y		Y	(MMBCP)	Yes	No	Y	Y	MMBCP 7.5 yrs	Y
NPL-02-HAIR-25	Y		Y	Y		Y	(MMBCP)	Yes	No	Y	Y	MMBCP 3 yrs	Y
NPL-02-HAIR-26	Y		Y	Y		Y	(MMBCP)	Yes	No	Y	Y	MMBCP 28 yrs	Y
NPL-02-HAIR-27	Y		Y	Y		Y	(MMBCP)	Yes	No	Y	Y	MMBCP 8 yrs	Y
NPL-02-HAIR-28	Y		Y	Y		Y	(MMBCP)	Yes	No	Y	Y	MMBCP 10 yrs	Y
NPL-02-HAIR-29	Y		Y	Y		Y	(MMBCP)	Yes	No	Y	Y	MMBCP 6 mths	Y
NPL-02-HAIR-30	Y		Y	Y		Y	(MMBCP)	Yes	No	Y	Y	MMBCP 2 years	Y



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